

Monday

Tuesday

Wednesday

Thursday

Friday



CATHOLIC ELDERCARE

October 2026

ADULT DAY PROGRAM

Coffee & Conversation 5 News & Announcements Daily Devotions Morning Exercise Bowling BINGO! Mind Medleys			Coffee & Conversation 1 News & Announcements Daily Devotions Wellness Workout Wheel of Fortune: Signs of Fall BINGO! Cranium Crunches	Coffee & Conversation 2 News & Announcements Daily Devotions Friday Fitness Peanut's Day: Concentration Music Pictionary Brain Teasers
Coffee & Conversation 6 News & Announcements Daily Devotions Mighty Muscle Moves Music Jeopardy Person, Place, or Thing: Pumpkins Brain Boosters	Coffee & Conversation 7 News & Announcements Daily Devotions Let's Get Physical Follow The Yellow Brick Road Travelogue: The Czech Republic Joggin' The Noggin	Coffee & Conversation 8 News & Announcements Daily Devotions Wellness Workout Scarecrow Smash Candy Toss Cranium Crunches	Coffee & Conversation 9 News & Announcements Daily Devotions Friday Fitness Bye Bye Birdie Roll The Can Brain Teasers	
Coffee & Conversation 12 News & Announcements Daily Devotions Morning Exercise Before or After: M&M's Bobbing For Apples Mind Medleys	Coffee & Conversation 13 News & Announcements Daily Devotions Mighty Muscle Moves Who Am I? BINGO! Brain Boosters	Coffee & Conversation 14 News & Announcements Daily Devotions Let's Get Physical Remote Control Races Timeless Women of Music Joggin' The Noggin	Coffee & Conversation 15 News & Announcements Daily Devotions Wellness Workout Build-a-Bear Halloween Mini Golf Cranium Crunches	Coffee & Conversation 16 News & Announcements Daily Devotions Friday Fitness Inventions You Can't Live Without Lumina Loop Brain Teasers
Coffee & Conversation 19 News & Announcements Daily Devotions Morning Exercise Fishing For Answers Spooky Sing Along Mind Medleys	Coffee & Conversation 20 News & Announcements Daily Devotions Mighty Muscle Moves Monster Mash PLINKO Brain Boosters	Coffee & Conversation 21 News & Announcements Daily Devotions Let's Get Physical Health Talk Ghost Hunt Joggin' The Noggin	Coffee & Conversation 22 News & Announcements Daily Devotions Wellness Workout The Buck Stops Here Halloween Suncatchers Cranium Crunches	Coffee & Conversation 23 News & Announcements Daily Devotions Friday Fitness Extra, Extra... Read All About It! All About The Goal Brain Teasers
Coffee & Conversation 26 News & Announcements Daily Devotions Morning Exercise Roll-a-Pumpkin Frisbee Golf Mind Medleys	Coffee & Conversation 27 News & Announcements Daily Devotions Mighty Muscle Moves Balloon Bonanza Batter Up! Brain Boosters	Coffee & Conversation 28 News & Announcements Daily Devotions Let's Get Physical Spider Toss BINGO! Joggin' The Noggin	Coffee & Conversation 29 News & Announcements Daily Devotions Wellness Workout Spider Ball Noodle Hockey Cranium Crunches	Coffee & Conversation 30 News & Announcements Daily Devotions Friday Fitness Flying Hallo-Weenies! Clowning Around Brain Teasers

DAILY LUNCH 12:00 PM DAILY SNACK 2:00 PM

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