

Monday

Tuesday

Wednesday

Thursday

Friday



OUTINGS:

- 7th Arboretum Magnolia Tour
- 14th Lilac/Spring Flower Drive
- 21st Silverwood Park
- 28th Como Zoo

CATHOLIC ELDERCARE

May 2026

ADULT DAY PROGRAM

Coffee & Conversation 1
 News & Announcements
 Daily Devotions
 Friday Fitness
 Ladder Ball
 Last Letter Up
 Brain Teasers

Coffee & Conversation 4
 News & Announcements
 Daily Devotions
 Morning Exercise
 Build A Bear
 Songs In The Stars
 Mind Medleys

Coffee & Conversation 5
 News & Announcements
 Daily Devotions
 Mighty Muscle Moves
 Cinco De Mayo Fiesta!
 Suncatchers
 Brain Boosters

Coffee & Conversation 6
 News & Announcements
 Daily Devotions
 Let's Get Physical
 Horse Racing
 Who Am I?
 Joggin' The Noggin

Coffee & Conversation 7
 News & Announcements
 Daily Devotions
 Wellness Workout
 Mother's Day Program
 BINGO!
 Cranium Crunches

Coffee & Conversation 8
 News & Announcements
 Daily Devotions
 Friday Fitness
 Fishing Opener
 Person, Place or Thing:
 The Stoplight
 Brain Teasers

Coffee & Conversation 11
 News & Announcements
 Daily Devotions
 Morning Exercise
 Wheel Of Fortune:
 Signs Of Spring
 Ladies Of Country Music
 Mind Medleys

Coffee & Conversation 12
 News & Announcements
 Daily Devotions
 Mighty Muscle Moves
 May Birthday Party
 Minnesota Music
 Brain Boosters

Coffee & Conversation 13
 News & Announcements
 Daily Devotions
 Let's Get Physical
 Celebrating Minnesota:
 168 Years
 Bocce Ball
 Client Activity Meeting

Coffee & Conversation 14
 News & Announcements
 Daily Devotions
 Wellness Workout
 Beach Volleyball
 Music Pictionary
 Cranium Crunches

Coffee & Conversation 15
 News & Announcements
 Daily Devotions
 Friday Fitness
 PLINKO:
 Everything Chocolate
 BINGO!
 Brain Teasers

Coffee & Conversation 18
 News & Announcements
 Daily Devotions
 Morning Exercise
 Leap Frog
 Music Jeopardy
 Mind Medleys

Coffee & Conversation 19
 News & Announcements
 Daily Devotions
 Mighty Muscle Moves
 Muffin Tin Toss
 BINGO!
 Brain Boosters

Coffee & Conversation 20
 News & Announcements
 Daily Devotions
 Let's Get Physical
 Bumper Ball
 Where Am I?
 Joggin' The Noggin

Coffee & Conversation 21
 News & Announcements
 Daily Devotions
 Wellness Workout
 Rainbow Trail: Pinwheels
 Health Talk
 Cranium Crunches

Coffee & Conversation 22
 News & Announcements
 Daily Devotions
 Friday Fitness
 Bean Bags
 Memorial Day Program
 Brain Teasers



Coffee & Conversation 26
 News & Announcements
 Daily Devotions
 Mighty Muscle Moves
 Before Or After
 Fisbee Follies
 Brain Boosters

Coffee & Conversation 27
 News & Announcements
 Daily Devotions
 Let's Get Physical
 Memorial Day Music
 Watercolor Painting
 Joggin' The Noggin

Coffee & Conversation 28
 News & Announcements
 Daily Devotions
 Wellness Workout
 Balloon Bounce
 BINGO!
 Cranium Crunches

Coffee & Conversation 29
 News & Announcements
 Daily Devotions
 Friday Fitness
 Shuffleboard
 What's The Scoop?
 Brain Teasers

DAILY LUNCH 12:00 PM

DAILY SNACK 2:00PM

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