


Monday	Tuesday	Wednesday	Thursday	Friday
Coffee & Conversation 2 News & Announcements Daily Devotions Morning Exercise Arctic Blast Music Therapy Mind Medleys	Coffee & Conversation 3 News & Announcements Daily Devotions Mighty Muscle Moves Bouncing Balloons Fishing For Answers Brain Boosters	Coffee & Conversation 4 News & Announcements Daily Devotions Let's Get Physical All About Florida Music Therapy Joggin' The Noggin	Coffee & Conversation 5 News & Announcements Daily Devotions Wellness Workout Noodle Hockey Annie Get Your Gun Cranium Crunches	Coffee & Conversation 6 News & Announcements Daily Devotions Friday Fitness Inventions You Can't Live Without BINGO! Brain Teasers
Coffee & Conversation 9 News & Announcements Daily Devotions Morning Exercise Before or After: 1903 Spotlight: Mary Anderson Music Therapy Mind Medleys	Coffee & Conversation 10 News & Announcements Daily Devotions Mighty Muscle Moves Flying Around The World Timeless Women of Music Brain Boosters	Coffee & Conversation 11 News & Announcements Daily Devotions Let's Get Physical Fables & Folklore Music Therapy Client Activity Planning	Coffee & Conversation 12 News & Announcements Daily Devotions Wellness Workout Leaping Into Spring BINGO! Cranium Crunches	Coffee & Conversation 13 News & Announcements Daily Devotions Friday Fitness Lucky Coin Toss Who Am I? Brain Teasers
Coffee & Conversation 16 News & Announcements Daily Devotions Morning Exercise Person, Place, or Thing: Saint Patrick Music Therapy Mind Medleys	Coffee & Conversation 17 News & Announcements Daily Devotions Mighty Muscle Moves Lucky Leprechauns The Rockin' Tony Show Brain Boosters	Coffee & Conversation 18 News & Announcements Daily Devotions Let's Get Physical March Madness Bucketball Music Therapy Joggin' The Noggin	Coffee & Conversation 19 News & Announcements Daily Devotions Wellness Workout March Birthday Party Health Talk Cranium Crunches	Coffee & Conversation 20 News & Announcements Daily Devotions Friday Fitness Travelogue: Ireland BINGO! Brain Teasers
Coffee & Conversation 23 News & Announcements Daily Devotions Morning Exercise Three Little Birdies Music Therapy Mind Medleys	Coffee & Conversation 24 News & Announcements Daily Devotions Mighty Muscle Moves Wheel Of Fortune: Signs Of Spring BINGO! Brain Boosters	Coffee & Conversation 25 News & Announcements Daily Devotions Let's Get Physical All About Cats & Dogs Music Therapy Joggin' The Noggin	Coffee & Conversation 26 News & Announcements Daily Devotions Wellness Workout PLINKO! Spring Edition Spring Watercolors Cranium Crunches	Coffee & Conversation 27 News & Announcements Daily Devotions Friday Fitness Frisbee Follies Skipping Through Spring Brain Teasers
Coffee & Conversation 30 News & Announcements Daily Devotions Morning Exercise Hippity Hoppity Music Therapy Mind Medleys	Coffee & Conversation 31 News & Announcements Daily Devotions Mighty Muscle Moves Bunny Blast Music Pictionary Brain Boosters	 <p>CATHOLIC ELDERCARE March 2026 ADULT DAY PROGRAM</p>		

DAILY LUNCH 12:00 PM DAILY SNACK 2:00 PM

135 29th AVENUE NE MINNEAPOLIS, MN 55418

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