

Catholic Eldercare CONNECTIONS

Spring 2023



A Labor of Love in Northeast

Catholic Eldercare celebrates 40 years of caring

In this issue: - CEC Volunteers Shine | The Music of Love Makes Hearts Sing
Meet New Chaplains | Congratulations to our Milestone Staff! and more...



Mission Statement

Grounded in faith, Catholic Eldercare offers compassionate, person-centered care, housing, and services to all people - without exception - so they can live and age with dignity.

Whether the need is for skilled nursing care, independent living, assisted living, adult day program, or other services, Catholic Eldercare offers the comfort and security of a lifestyle that fits your needs, with ready access to care services at the level you need. Not-for-profit Catholic Eldercare is a community resource with over a quarter-century tradition of meeting the diverse needs of elders of all faiths in a caring atmosphere of support, respect, and spiritual enrichment.



Wellness



Community



Faith



Dear friends,

I hope 2023 is off to a good start for you and your family! It's a big year for Catholic Eldercare, as we celebrate our 40th Anniversary with joy and gratitude for God's blessings over the past four decades.

The prophet, Isaiah says: "The Lord will guide you continually, giving you water when you are dry and restoring your strength. You will be like a well-watered garden, like an ever-flowing spring."

This is most certainly true as we look back through the years and recall God's grace, humbled by his mighty hand in guiding our mission and staff leadership. We are grateful for the blessing of our founders, Albert Hofstede, Tom Glodek, Sister Ruth Roland, and Bob Hannah. They worked tirelessly to build a place where seniors can live and receive care, emotional and spiritual help, along with many others who were pivotal to the start of Catholic Eldercare.

We give thanks for the support of the Archdiocese of St. Paul and Minneapolis, our generous donors, volunteers, staff, and our Board of Directors who bless our community. And we ask for God's guidance as we move forward with dedication to providing care, housing, and other services needed by older adults so they can live fully, with dignity.

While we reflect on the past, we know there are many things to accomplish in the future as we serve a growing number of seniors. This will drive us to continue to zoom in with focus on strategic priorities.

Please join us for our 40th Anniversary celebration, September 27/Jax Café. We look forward to celebrating with all who have contributed to our success and our future.

We're proud of our care community and we're grateful for the community of support that surrounds us in Northeast Minneapolis. As we continue to manage the challenges that come before us, including the pandemic and staffing issues, we ask for God's guidance.

We hope you enjoy our stories of loving, giving, goodwill, and grace, as you read about our founding, our growth, our people, and our passion for the work we do.

With high regards,

Greg Baumberger
President & CEO



Greetings to you in our 40th Anniversary year!

As we celebrate four decades of Catholic Eldercare, I'm reminded of the people who launched our mission. Our founders made it possible for leadership, staff, and volunteers to live that mission every day for the past four decades, and it will continue to thrive as we move forward.

Our Board of Directors pays close attention to why Catholic Eldercare was founded and how we can continue to live the spirit of our founders. We will stay true to our core while as we acknowledge the changing times and how to pivot and adjust to meet the needs of older adults at any given time.

The Board's key responsibility is developing a strategy and stewarding it, grounded in the mission. We're defining the best ways to nurture life's ageless spirit within our community, from creatively utilizing technology, to seeking collaborations that enhance service offerings and making needed improvements to our buildings. This is important to ensure we're moving forward with acknowledgment of the way older adults want to live as they age.

We are committed to approaching our residents holistically, and paying attention to all aspects of their life, including health, spiritual, and emotional care. Every staff member and volunteer attends to the unique needs of the older adults that choose to live with us. To make the experience the best it can be, we also need to attend to the needs of our employees so they can do their best within their chosen profession. We recognize that these people feel called to work with older adults and support them as they age.

Our mission directs us: Grounded in faith, Catholic Eldercare offers compassionate, person-centered care, housing, and services to all people - without exception - so they can live and age with dignity.

Thank you for supporting the mission of Catholic Eldercare in the past, present, and as we head towards the future.

Nancy Utoft, Chair
Catholic Eldercare Board of Directors

We are grateful for the leadership of our Board of Directors:

Chief Executive Officer

Greg Baumberger

Officers

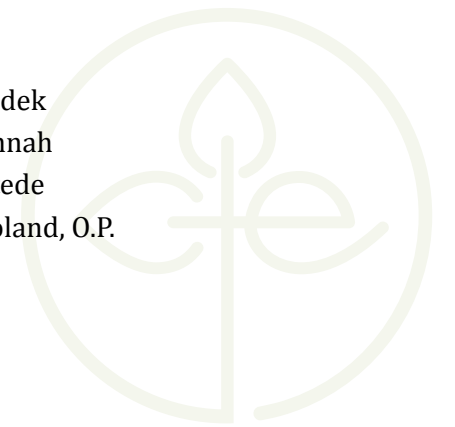
Nancy Utoft, Chair
Robert Hanten, Vice Chair
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Mark T. Glodek
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Tom Joyce
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Deacon Joe Michalak

Founders

Thomas F. Glodek
Robert W. Hannah
Albert J. Hofstede
Sister Ruth Roland, O.P.





The Music of Love Makes Hearts Sing in the Village

You could say Catholic Eldercare's (CEC) Steve Johnson and Recording Artist Stevie Wonder have something in common. They both sing Songs in the Key of Life. For Wonder, it was a hit album. For Johnson, it's being a hit among the residents in memory care at River Village East.

With a heart for kindness and spreading joy, Activities Director Steve Johnson begins his shift with music. There is no accompaniment, other than the love that fuels every song he sings with residents. "Music gets their attention, so I start the day with singing and a prayer before moving to other activities. The residents are more focused after singing."

After 30 years at Ford Motor Company, when the plant shut down, Steve went in search of volunteer work. "I always wanted to volunteer; to give of myself without anything in return," he explains. "I consider myself divinely guided, and while on a walk one day, God guided me to the door of River Village." Steve asked if he could volunteer, and soon after, started working in the CEC coffee shop where he served and sang to resident customers. It is here that he found his true calling. "God puts us in the place where we are meant to be, and this is the place for me." After serving as a volunteer, Steve applied and accepted a position as activities director, where he has daily focused time with residents. "Every day

before I leave my house, I pray that I'm divinely guided, and will bring joy into people's lives."

Kind support from memory care families is welcomed and keeps Steve going. "Sometimes they sit in and help with activities. They are often complementary, which reinforces that I'm doing things right," he explains. "I've become kind of a fixture in many of our families, which is challenging when someone passes away."

Cecilia is former resident with whom he says he had a strong connection for many years. "She knew every song you could possibly know, and we would sing together as we walked down the halls. She nicknamed me "Stephano," and staff still calls me that." Steve and Cecilia also shared their Polish heritage, and they would share the polish greeting every time they saw each other, something that is reserved for very special people. Steve recalls, Dzień dobry (Good morning/Good afternoon) and Jak się masz? (How are you?) "Many people at River Village speak another language, so I try to learn to learn a few words in each language."

Steve says he was also close to Luba Perchyshyn, the Ukrainian egg artist of Northeast. "She would teach me Ukrainian words and we would talk to each other. Her son would

help us play bingo. The whole family was wonderful and appreciated the happiness I brought to their mother."

At River Village East, memory care residents have their own apartment, which Steve describes as one of the beautiful things about living there. "It's a home where they can have pictures on the wall and be surrounded by things they love that make them happy and comfortable."

Describing his care of people with Alzheimer's, Steve says it's organic, creative, and flowing. "Every day brings a different situation, and you need to have an innate sense of how to handle it. Sometimes staff has problems with people not taking their meds. For some reason, I can magically get them to take them. I ask myself how I can turn this person from unhappy to happy."

When Covid hit, Steve had to come up with creative ideas on how to do his job, at one point, going room to room to visit residents, and changing gowns and masks before entering every room. "Suddenly, everything I had done for 12 years, changed. I was washing and folding gowns and channeling my creativity on visiting and comforting people."

Steve also finds comfort at River Village. My mother and father have passed away, and my siblings live out of town, so I have no family here," he says. "The residents remind me of my mother, father, aunts, and uncles, and I treat them as I would those family members. I value their humor, their Ole and Lena jokes, and of course their familiar songs. So, until the younger generation comes in and wants to sing Stairway to Heaven, we'll keep singing Let me Call You Sweetheart."

River Village has a neighborhood feel, and some of Steve's Northeast neighbors now live there. He says it seems like everyone he talks to has had someone they love in memory care. "I always say that I'm going to keep working here, so when my time comes, I might get a discount on a room." Given the gratitude he expresses for his colleagues, he will continue to be happy here. "They always go the extra mile. We're a team, and we help each other out. I do things that aren't in my job description, like taking out the trash, because I love working at CEC, and I want it to be the best place in town."

Steve knows he's making a difference in the lives of people at River Village East. They hug him when he leaves and watch him to his car from their apartment windows. At the end of the day, it's about love. "I'm working with the angels and am blessed to do purposeful work," he says with gratitude in his voice. "Sometimes I'm the last bit of love and joy that these people experience prior to passing. I didn't realize this would be such a meaningful job, but it is."



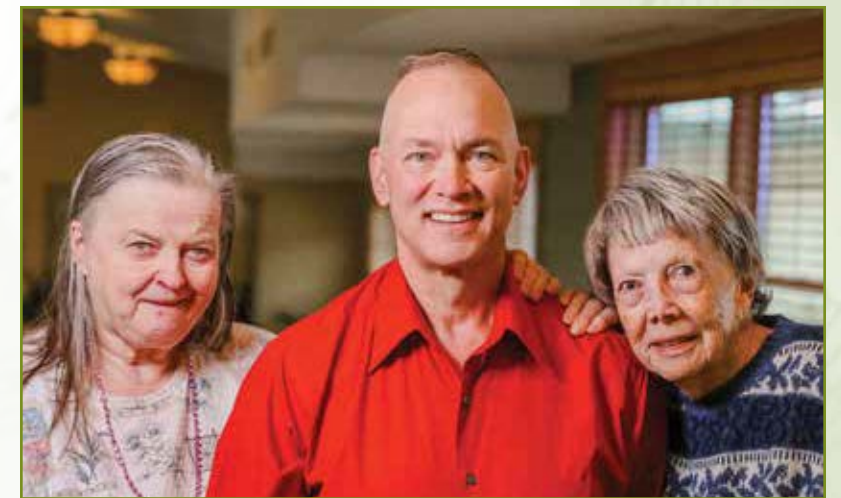
Shirley Smith and Dorothy Vansteenbur



Steve Johnson - Catholic Eldercare Activities Director



Luba's Ukrainian Egg



Steve with residents Shirley Smith and Dorothy Vansteenbur



A Labor of Love in Northeast Catholic Eldercare celebrates 40 years of caring



Tom Glodek



Bob Hannah



Al Hofstede



Sr. Ruth

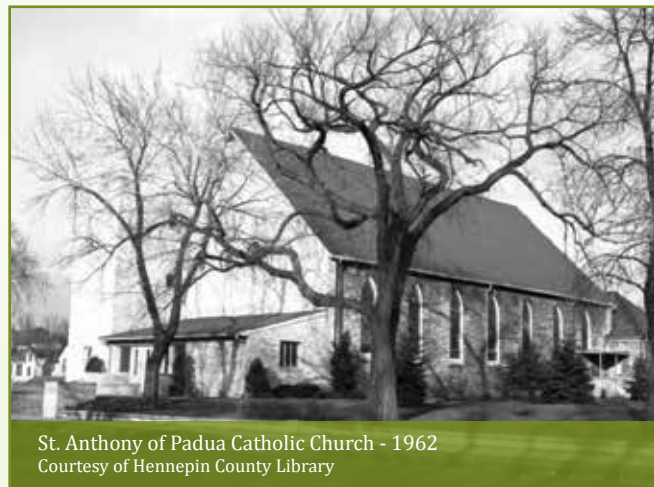
“Albert, we need to build a nursing home. We need to take care of our family members and neighbors in Northeast.” These are the words Tom Glodek said to Minneapolis mayor elect Al Hofstede on a ski lift in Vail, Colorado in 1972. Four decades later, Catholic Eldercare (CEC) is celebrating 40 years of caring and dedicated service to individuals and families. Trusting that God would provide, Catholic Eldercare was established in 1983. It was an eight-year labor of love that began with Tom Glodek, Al Hofstede, and Bob Hannah, three kids who grew up in Northeast and attended St. Anthony of Padua Church. Al recruited Bob, who was the treasurer for his mayoral campaign, and then he went to Archbishop John Roach for more help. The archbishop appointed Sister Ruth Roland, O.P. a Sinsinawa Dominican nun. With the help of a supportive community, and many other instrumental people, these four founders launched four decades of caring for the elderly in Northeast Minneapolis.

Dae Hannah, Bob’s wife, remembers those days and recalls the nights that Al and her late husband

would talk about how it could be done, and how they could save St. Anthony of Padua Church. “They would walk our kids in strollers after dinner and talk about how to keep Northeast vibrant and livable, so people could remain in their homes,” said Dae. “As the finance guy, Bob always worried about funding it, but he never doubted it would happen.” Tom Glodek adds, “Bob Hanna was key with watching over the money we had.”

“We all came out of Northeast, and we had an allegiance to each other to make a nursing home happen to meet the needs of people who didn’t have a lot of money,” said Tom Glodek, the last remaining founder. “And we made sure there was a church connection, so people could live their faith while living out their life with dignity.”

Here begins the Catholic Eldercare story. Built on a foundation of Catholic principles, one could make the argument that it’s also built on sacred ground, where faith and Catholic values are lived and taught across generations. (See historical timeline on page 20)



St. Anthony of Padua Catholic Church - 1962
Courtesy of Hennepin County Library

If there’s a will, there’s a way

“The high school and the grade school were sitting empty, so we talked to Father William Hough and told him we wanted to buy the parish,” said Tom Glodek. “The buildings were deteriorating, and there wasn’t enough money to fix them, but it was still a viable parish.”

Working full time jobs, it was difficult for Tom, Al, and Bob to devote time during workdays. “We wanted a 150-bed nursing home, and we needed permits and state approval,” Tom explained. “Sister Ruth had a background in long-term care and was experienced in working with older adults, so she ran around doing everything while the rest of us worked our day jobs.”

Dae Hannah recalls, “I asked Sr. Ruth if she was sure she would be able to work with these guys. She is in a high place in heaven because she spent the first couple years chasing them down! Sr. Ruth was a dynamic lady.”

Group meetings were held early in the morning, so the project could keep progressing. In need of an architect, Al recruited Chuck Sullivan, who Tom and Bob had met through a mutual friend. Chuck vividly remembers the phone call he received from Al. “Chuck, Al. Do you think we could turn St. Anthony of Padua into a nursing home?” Chuck replied, “Sure.”

Chuck went on to describe Al’s persuasive personality, and intense daily follow-up that kept everyone on task. “If he asked me to call someone, and I didn’t call them that day, Al would call the next day to ask when I was going to call them, and so on, day by day.”

With no money in the bank to pay for architectural services, Chuck somehow convinced his firm, Kirkham Michael in Minneapolis, that working on the project would be good marketing. He brought a civil, mechanical, and electrical engineer to the school to do a no cost assessment. They determined that the original part of the building wasn’t viable,

but the addition, built in 1955 could be saved. Chuck proceeded to draw up the original sketches.

At the time, there was only one other nursing home in Northeast, and the neighborhood was filled with elderly Catholic immigrants who didn’t have money to pay for care. “We knew we would have to raise money,” says Tom. “And we had the resources and connections

to raise it.” Tom knew every church in Northeast because of his role as a funeral director, Bob was active in the community, and Al could get anyone to do anything,” said Chuck. “We drew a lot of support because of their connections.”

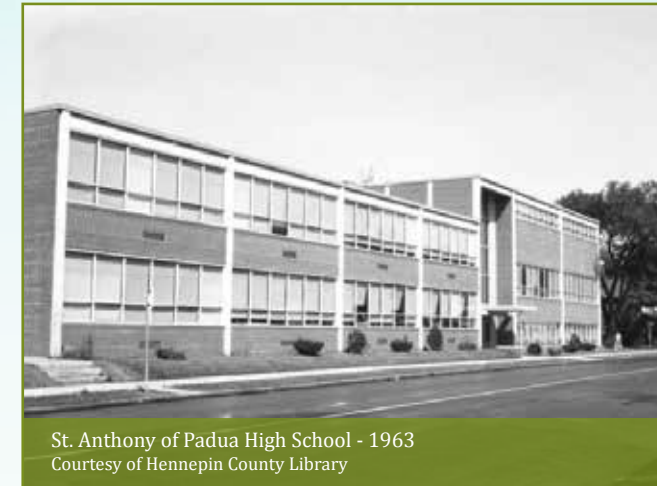
One of those connections was Rose Totino who at the time owned a restaurant on East Hennepin Avenue. Tom says, “We asked Rose

for a loan, and she turned us down. Then one day, she called and said she needed to talk to Hubert Humphrey, and every “major player” she knew was unable to get him to call her. I called Al and he said he was taking Humphrey back to Airforce One to fly back to Washington, so he could ask him to call Rose. Senator Humphrey called Rose, and as a result, she loaned us \$1 million dollars.”

Making it affordable

The HUD program was incorporated into the project, so people would only have to pay a percentage of their income for housing and care, leaving money for them to live on. Tom said it was clear that more would be needed. “We raised \$250,000 from pull tabs from Elsie’s, and we held one fundraiser that year, a luncheon that drew around 500 people. Our Northeast neighbors were generous because they knew we were caring for the people.”

Years passed, meetings continued, and the \$5 million project amount was solidified. “We were finally ready to move, Tom recalls. “We had the bids, and we met with municipal bonds people. They offered us a 15.25% interest rate. I looked at Al, Bob, and Sr. Ruth and told them it would be fiscally irresponsible to



St. Anthony of Padua High School - 1963
Courtesy of Hennepin County Library

accept it.” Sister Ruth said, “We’ve got to do it. God will take care of us,” and Tom replied, “Even God doesn’t like a 15.25% interest rate.” Then he turned to Al and asked, “How do you respond to that?” “Ok, we’ll do it,” said Al. “That’s what you say when God’s going to take care of it.” Tom and Bob agreed, and Catholic Eldercare was built, connected to St. Anthony of Padua Church, and dedicated by Archbishop Roach in September of 1983.

Some bumps along the way

After the loan from Rose was paid back, still in need of additional funding, Tom asked her to donate money to CEC, and she said no, but according to Tom, Sister Ruth made it happen. “Sr. Ruth was talking about CEC at Immaculate Conception. After Mass, Rose told Sr. Ruth that her words convinced her to donate, and she gave us \$300,000. Sr. Ruth was the heart and soul of Catholic Eldercare.” Chuck Sullivan agrees. “As a kid, I went to Catholic School and was afraid of nuns. Then I met Sr. Ruth, who was sweet, nice, and funny.”

Dae Hannah said Sr. Ruth got things done. “She got beds from a facility that was closing, and we were all there washing them the day before we opened. Sr. Ruth knew what was needed. The first years were stressful; there was a day to day worry of keeping it open and look at it now. It was a dream that became a reality.”

The rest is history

Al Hofstede, Tom Glodek, Bob Hannah, Sr. Ruth Roland, Chuck Sullivan, Archbishop Roach, Dr. Eugene Ott, Msgr. Jerome Boxleitner, Rev. William Hough, and Carolyn Olson made up the inaugural Board of Directors. For 20 years Al was Board president, Tom was vice president, and Bob was treasurer.

Chuck Sullivan describes the four founders of CEC with whom he served. “They were like streetcar drivers who said hop on, hold on to the strap and we’ll move forward. With all the problems we faced, positive,

principled, and passionate people came together and found solutions. So many unusual things came together because of their connections.”

Following in the footsteps

Emily Hofstede Koski says she and her brother Al Hofstede, Jr. have a lot of memories of their dad working to build CEC. “Al and I were little, but I remember going to the construction site with our dad on Saturdays to check in on the progress,” says Emily. “We knew there was a reason we were there but didn’t fully understand that our dad was a big part of what was happening. We were more interested in seeing Sr. Ruth and her golden retriever, Brandy. We have good memories from those days.”



The founders and other key players break ground for CEC

Now a member of the Minneapolis City Council, serving residents of Ward 11, Emily is following in her father’s footsteps in city government, and so is her brother Albert J. Hofstede Jr., who currently serves on the Catholic Eldercare Board of Directors, recently as Chair of the Board, like his dad. “Our dad had an amazing ability to listen, connect, understand needs, and the barriers to meeting them. He knew exactly who to go to and got the right people in the room to get it done.” Emily adds, “It’s an honor to have the Albert J. Hofstede Care Center named after our dad. Catholic Eldercare has been a big part of our lives, and it continues to be.”

Mark Glodek is also walking in his father’s footsteps, serving on the CEC Board of Directors. He recalls the depth of his father’s allegiance to honoring his Northeast neighbors with the building of Catholic Eldercare. “I was 19 years old at the time, and I remember my dad talking passionately about Catholic Eldercare. He kept repeating the mission to make sure everyone knew what they were doing. Dad was shepherding things, Al had the connections to get things done, and Sister Ruth ran quarterback for it all.” Mark says his dad was tied to local parishes and he was driven by civic pride. “Northeast gave him so much

opportunity; it gave him his start in the funeral business, and he was proud of where he came from. He knew people who lived through the depression, and he had a sense of needing to care for them and preserve St. Anthony of Padua church.” Dae Hannah remembers her husband Bob as a good man with an even, workable personality. “Bob could work with anyone. He knew his job and he knew who he had to support.” She also remembers her dear friend, Al. “When I first met Al in the early 50’s his shirt was never tucked in. Deep down inside he was always that guy, and everyone loved him. I often think of how pleased Al, Bob, and Sr. Ruth would be if they could see Catholic Eldercare now.”

Sr. Ruth Roland’s legacy lives on at CEC in care providers and other staff members who remain dedicated to her mission. At the time of her passing in 2013, Sr. Ruth had cared for the elderly for 37 years. Carla Franz, Director of Nursing, says she had the privilege of working alongside her. “Sr. Ruth was incredibly compassionate and caring, and she instilled that in us,” says Carla. “I knew that if I was going work at Catholic Eldercare, I needed to care for people, body, mind, and spirit. And her spirit is still with us. I hear her voice and her great laugh in the halls all the time. She led by example and taught me that work can be fun.”

Tom, Al, Bob, and Sr. Ruth, your foresight, persistence, and dedication to the mission made Catholic Eldercare a reality. You wanted to take care of elderly people in Northeast, and you did. Tom Glodek recently said, “Catholic Eldercare was built so people who didn’t have money could live fully with dignity, and that continues to be our mission. We were able to see into the future, and Sr. Ruth has been proven to be right. God has watched over us, and we are blessed.”

Catholic Eldercare is founded on the belief that life, faith, family, and friends are the most precious gifts God has given His people.

The Inaugural Board of Directors
The Most Rev. John R Roach
Archbishop of St. Paul and Minneapolis

Albert J. Hofstede, President
Thomas F. Glodek, Vice President
Robert W. Hannah, Treasurer
Sr. Ruth Roland, O.P., Secretary
Msgr. J. Jerome Boxleitner
Rev. William Hough
Carolyn E. Olson
Eugene C. Ott, M.D.
Charles E. Sullivan, A.L.A.

Their belief in positive change became a defining characteristic of Catholic Eldercare, an attribute that has long distinguished this organization.



Residents enjoy the Fall Festival





In Memoriam

Honoring the Life of Fr. John Brandes

Fr. John Brandes was a priest for 70 years. At the time of his passing on January 10, 2023, at age 96, he was the oldest living priest in the Archdiocese of St. Paul and Minneapolis. He said he knew as a 5th grader that being a priest would be his life's work.

Catholic Eldercare was blessed to know Fr. Brandes, as he served as a chaplain and lived in our community for seven years. Catholic Eldercare staff remember him as thoughtful, collaborative, inclusive, and a champion for justice. He was also wise and steadfast in faith.

Following his ordination in 1951, Fr. Brandes served the Cathedral of St. Paul, St. Rita's in Cottage Grove, St. Mark's in St. Paul, and St. William in Fridley. At age 67, he learned Spanish and moved to Guatemala, where he served as assistant pastor at San Lucas Tolimán for 11 years. When he returned to Minnesota, Fr. Brandes pastored St. Boniface in Northeast before coming to Catholic Eldercare in 2014, where he served until 2020.

Nephew Tom Brandes reflected on his uncle's life in the eulogy he read during his funeral mass. He described Fr. Brandes as a peace activist, and a lover of nature, recalling family trips to the Boundary Water. On his final trip to the BWCA at age 77, he insisted on carrying two backpacks on a portage.

We agree with Tom's final words of his uncle's eulogy, "John was deeply loved and will be sorely missed by all who knew him because he loved unconditionally and inclusively."



Meet the New Chaplains

Catholic Eldercare is pleased to welcome to our staff:

Fr. Ivan Shkumbatyuk

Fr. Ivan serves as a chaplain at Catholic Eldercare. Originally from Ukraine, he received his Master of Divinity Degree from Higher Theological Seminary, named after Patriarch Josyf Slipyj, Ternopil, Ukraine in 2006. Archbishop Hebda is in the process of granting full faculties to Fr. Ivan.

From 2006-2008, Fr. Ivan studied at the Pontifical Oriental Institute in Rome, Italy, and was ordained as a priest in 2009. He is married and has two children. In 2018, Fr. Ivan moved to the United States with his family. That same year, he was appointed to serve as Pastoral Administrator of St. John the Baptist Ukrainian Catholic Church in Belfield, ND and St. Demetrius Ukrainian Catholic Church in Fairfield, ND.

In July of 2019, Fr. Ivan was appointed as Pastoral Administrator of St. Constantine Ukrainian Catholic Church in Minneapolis, MN and as Protopresbyter (Dean) of the North Central Deanery of the Ukrainian Catholic Eparchy. In January of 2023, he was named a chaplain at Catholic Eldercare.

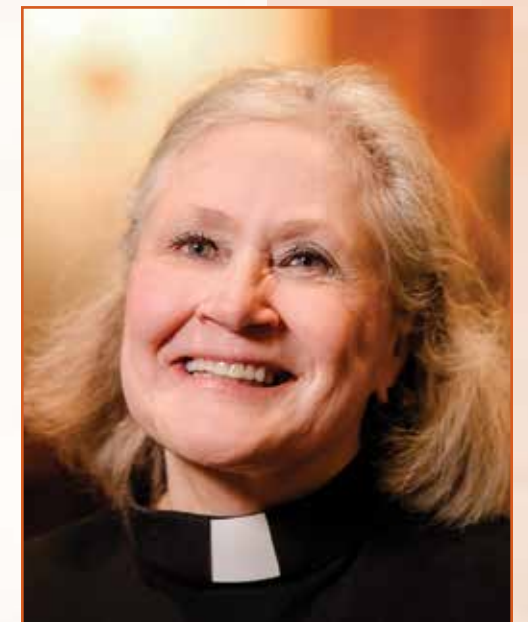


Rev. Lynn C. Borgeson

"God has always been my best friend," says Rev. Lynn Borgeson. "And talking to him has always seemed natural to me." As a child, Lynn used to sneak out into the backyard after dark and talk to him while looking up at the stars.

Rev. Lynn earned a BA in Sociology and an MA in Liberal Studies at Hamline University. She also obtained a paralegal degree from the University of Minnesota and a business and banking degree from The Institute of Financial Education in Chicago. Lynn says, "All the while, I continued to feel called by God."

After years of working in the fields of law, Lynn entered United Theological Seminary of the Twin Cities where she acquired her MA in theology and a Master of Divinity in 1992 and 1994 respectively. Upon her ordination, she served 11 United Methodist Churches throughout Minnesota under appointment by the United Methodist Bishop of the Minnesota and Dakotas Conferences. Rev. Borgeson retired in 2015, and after eight years of retirement, she says God has called her again, this time to serve as a chaplain at Catholic Eldercare.



“ ”

“My family will be forever grateful to the CEC Caregivers. During The Covid pandemic, when we were not able to visit our mom in person, they took on the roles of daughters, sisters, friends, and confidants — all in addition to their regular responsibilities of taking good care of the residents. Patience, kindness, diligence, and more exemplify your caregiver staff; they put the “Care” and “Giving” in CareGiving.” —**Patty Kordiak**



Wyndris has always felt like a neighborhood to me. One definition of neighborhood is “an area where people live and interact with one another.” If this doesn’t fit Wyndris, I don’t know what does!” —**Judy Westergard**

“My mother spent her final years in memory care at CEC. Her care and comfort were excellent. Now my wife is in the memory care unit with Lewy body dementia. She is getting wonderful care from all third-floor staff members. I moved into the Wyndris 14-months ago and I’m able to walk over to visit my wife every day. The staff and residents at Wyndris have been lifesaving to me, and moving here was one of the best decisions I’ve ever made.” —**John Gillespie**



“It’s a big change to move from a house into an apartment, and we are glad that this is where we landed! Wyndris is beautiful, and the interior and exterior are well maintained. The café is a pleasant gathering place and a source of good food — a huge asset for an independent living apartment building. And the people, of course, who work and live here. I’m grateful for the positive climate, a place where people are kind and conscientious.” —**Kathy Mohn**

“We have been so happy since we moved my mom into RiverVillage East memory care in February 2020. The aides are so caring, the nursing staff is responsive, and the activities bring her joy! We never worry about her care, and she’s always smiling when we arrive. Thank you, Catholic ElderCare!” —**Steve Nikol**



I tell everyone, living in Wyndris is like living in a resort, but it’s the people who live here that make it the place I want to be my final home. —**Jackie Horner**

“As a single man over 62, it has been a surprise and a gift to find community in an apartment setting at Wyndris. I have made friends here of all backgrounds, have met some of the most delightful people I’ve ever known! The building is lovely, and management is kind and caring. My rent includes all utilities which is rare. I have no relatives in Minnesota. My Wyndris neighbors are my family and I feel safe, knowing if something bad happens, someone will come looking. We look out for each other!” —**Neil Badders**



“My mom moved to Mainstreet Lodge because at age 88, she wanted a place that would provide more security and help if she needed it. She loved the flexibility of having her own kitchen and the ability to wake when she wanted, get herself breakfast, and join in on other things later in the day as she chose. She appreciated the gathering space adjoining her apartment. She often invited a couple of her children or her brother and his family to join her for lunch or dinner. She also loved movie night and appreciated the old movies in the library. During her stay, she made new friends, found a routine.

Thanks to everyone at Main Street Lodge for providing a great environment for her during her last years” —**Janet Shallbetter**





Congratulations to our Milestone Staff!

Thank you for your service to Catholic Eldercare.



Carla Franz, RN, BSN, PHN

Director of Nursing
35-years

I'm now caring for the children of people I cared for over three decades ago. I love working here because of the people, relationships, and dedication to the mission of Catholic Eldercare. Through all challenges, there are ways to learn and ways to get through them because we all work together.

Amanda Folwick	Care Center	25-years
John Osby, LPN	Care Center	25-years
Stephen Bass	Care Center	20-years
Cindy Smith	Care Center	20-years
Jennifer Yetzer	Corporate	20-years
Robert Halak	Care Center	20-years
Bernice Saydee, LPN	Care Center	20-years
Adekola Adetola	Care Center	20-years
Amanda Johnson, TMA	Care Center	15-years
Norma Hill	River Village East	15-years
Shamso Warsame	Care Center	15-years
Christina Aghayedo	Care Center	15-years
Olajumoke Agboola, LPN	Care Center	15-years
Al-Hosine Kanneh	Care Center	15-years
Tammy Norlin	Corporate	15-years
Lora Lallak	Care Center	10-years
Rebecca Kirkwood Williams	Care Center	10-years
Latoya Burt	Care Center	10-years
Katharine Bulicz	Care Center	10-years
Josephine Gbamy	Care Center	10-years
Pandora Morgan	Care Center	10-years
Leah Olaniyan	Main Steet Lodge	10-years
Sayan Shar	Care Center	10-years
Victoria Zelee	Care Center	10-years



Greg Baumberger Visits "The Mound"

In February, Catholic Eldercare President & CEO Greg Baumberger visited the Sinsinawa Dominican Sisters at the Sinsinawa Mound, located in Sinsinawa, WI. Sr. Ruth Roland died in the Motherhouse there on October 12, 2013, and is buried in the Motherhouse Cemetery.

As we celebrate 40 years of caring at Catholic Eldercare, Greg's visit was particularly impactful, as he remembered Sr. Ruth, and the mark she left as one of our founders. "Sister Ruth shared life with the Dominican Sisters for 72 years," he says. "As I visited the Sinsinawa Mound, I was struck by the sense of community, hospitality, and intellect of the Dominican Sisters of Sinsinawa. While they live a remote life together, they clearly have impact on many organizations, colleges, hospitals, and places like Catholic Eldercare."

We will be eternally grateful for Sr. Ruth and Sr. Georgia, the Prioress. We also want to express gratitude to Sr. Mary Jane who came to Catholic Eldercare from Sinsinawa to provide spiritual care from 1986-1989. Now 88, she continues to impact lives across the country.



Greg Baumberger with Greg with Sister Mary Jane (left) and Sister Georgia, Prioress (right)

Greg Baumberger is Working to Enrich the Lives of Seniors in Minnesota

Catholic Eldercare is proud announce that Greg Baumberger has been appointed to the Board of Directors of LeadingAge Minnesota. Senior care organizations and communities across the state rely on LeadingAge Minnesota to lead the way in transforming and enhancing the experience of aging in Minnesota. They are known for advocacy, training, education, and developing leaders who are helping shape the future of older adult services.

Greg will represent Catholic Eldercare, and LeadingAge Minnesota's member network of more than 1,300 member organizations and be a voice of influence for over one million Minnesota seniors and their families. Together with caregivers, the organization serves nearly 60,000 seniors every day.

Congratulations Greg and thank-you for your continuing commitment to making life better for seniors and their families.





CEC Volunteers Shine

Catholic Eldercare volunteers enhance the lives of our residents. From serving coffee and keeping the gift shop open to making the wheels on the bus go round and round, they are highly valued and greatly appreciated. We would like to introduce you to three of our treasured volunteers.

Meet the Kordiak's

Patti and Bob Kordiak are loving retirement, especially because it means they have the time to volunteer at Catholic Eldercare. Patti's mom and Bob's aunt both lived at River Village, inspiring the couple to volunteer. To this day, after 26-years of marriage, love keeps bringing them back.



Bob Kordiak, River Village volunteer

Patti Kordiak likes being a shopkeeper

When the gift shop in the Alfred Hofstede Care Center is open, Patti Kordiak likes the natural interactions that occur in this position. "I love meeting residents, their families, and the caregivers," she says. "From a sparkly bracelet to a lovely scarf, it's fun to see people light up when they find something they like." Patti is especially touched when a caregiver picks up something special for one of the residents, such as nail polish or lipstick.



Patti Kordiak

Often when she arrives, people are waiting for the gift shop to open. She finds the work rewarding, and now that she's retired, she no longer must squeeze her volunteer time in on the weekend. "Seniors are delightful and precious people, and it's a great way to get to know them."

Patti has been volunteering on and off at CEC since 2018. In addition to the gift shop, she put her professional administrative assistant experience to work in the office at River Village. "I knew all of the equipment, so could jump in and help,"

she says. Patti has also volunteered to escort residents to Mass. "I am always happy to get to know people in the building, including the caregivers and other staff."

Patti learned about the value of volunteering while working at Dayton's, a company she says fostered the volunteer spirit. "I started volunteering at Dayton's because that was their culture, and often felt like I got more out of it than I put into it."

Patti feels the volunteer program at CEC is also strong. "Expectations are clear, staff is responsive to questions, and volunteers are appreciated here," she says. CEC has built a great program, so I'm a big advocate for volunteering here."

Bob Kordiak likes being a bartender and beautician

After 36-years of employment at Dayton's, where he was also a United Way allocations volunteer, Bob Kordiak found joy in the coffee shop at River Village. An ad in the Star Tribune led him there to a role he describes as a combination of a bartender and a beautician. "I have my 'regulars' and I'm here to listen to their stories and interact. Residents have grown to depend on me. They want me to be there on certain days and if I come on a different day, they want to know, so they can come down."

Bob's been serving up warm cups of java for seven years. In the early days, he was also able to enjoy lunch with his aunt who lived in the building. "I have an affection for Northeast," he says. "My father's family is from there. I never explored it as a youth, but it holds a place in my heart now, meeting people who know my cousins."

Volunteering is important to Bob, and he is quick to identify the need for more. "We lost volunteers during Covid, so there's a shortage. If you're retired, and you're bored, come join us!" Bob knows what it's like to be a first-time volunteer, and the uncertainty that comes with it, but he encourages people to take the first step; start small and build on hours. "You'll

find out that it's fun, and this is a well-run volunteer program, so it's low stress, and at this point in my life, I like that."

Meet Tom Dvorak who loves meeting the needs of CEC residents

Tom Dvorak is a Vietnam Veteran who was severely injured while trying to save a fellow soldier from being captured. "I needed to help," he says.

As a mail carrier for the USPS for 31-years, Tom served as a union steward, so he could help people solve issues. After he retired, he began volunteering at Catholic Eldercare. Why? You guessed it, he likes to help!

Growing up in Northeast, Tom attended Catholic school where he says he learned the importance of being helpful. "They said help, help, help, so I did, did, did," he explains.

Tom says going home to Northeast to escort CEC residents to meals, chapel, and physical therapy is gratifying, while also helping to meet any other needs that arise. "At the end of the day, you feel good about yourself," he says. "With all the struggles in the world, it's nice to help people solve everyday problems."

Being helpful led Tom to receive the Volunteer of the Year 2003 award for his service to CEC, presented by the Minnesota Statewide Activity Professionals (MnSWAP). "It was an honor to receive an award for something I enjoy," he says. "I like volunteering at CEC because the staff is great, and they are giving people. "It's the little things people do that are big for those who need help," he says. "It's always hard to say goodbye when residents pass away, but I know it's part of life."

Catholic Eldercare values Tom's Dvorak and we're grateful for his service. "For me, it's about being there when people need me," he says. "I'm happy I can help."

Phyllis Hupp's folding and mending has led to fun

and friendship "I love my friends in the laundry," says Phyllis Rupp, a 20-year volunteer with Catholic Eldercare. "I work with lovely ladies from Nigeria, Somalia, and other parts of the world."

CEC was familiar to Phyllis from the time she spent here with her mother who lived in Mainstreet Lodge. Upon retirement, she returned to fold and mend the clothing of CEC residents with loving care under the leadership of the head of housekeeping, Colin _____. "Colin is a number one guy," she says. "And all of us who work together in the laundry have become good friends."

As a seasoned seamstress who loves meeting new people, Phyllis is a perfect fit for CEC. And she says CEC is a perfect fit for her as well. "I visit with people and they have such interesting stories. I've met an Irish woman who went to England to provide support during WWII. While there, she met a soldier and fell in love. Then, he went to war. Five years later, he came back, and they married. And would you believe, he was a boy from Northeast Minneapolis!"

From stitching a tear to washing clothes and hanging them up in closets, Phyllis pays attention to the details. "One resident likes me to arrange her clothing by color, so she knows what goes together, she says. "And I'm happy to do it." Phyllis is

also happy to use her sewing skills to make wheelchair bags upon request. "There are all good people here, and I love volunteering."

There is a wide range of volunteer opportunities at Catholic Eldercare beyond what is noted here. From interacting with residents to stuffing envelopes, and helping in office, there is something for everyone. Volunteer a little or a lot. Either is fine with us! For more information on becoming a Catholic Eldercare Volunteer, contact Robin Haenze at 612-277-2902 or rhaenze@catholiceldercare.org



Bob Kordiak in the coffee shop with River Village residents.



Beloved Nurse Earned Degree with Catholic Eldercare Scholarships

A diversity visa lottery program brought Adekola (Kola) Adetola to the United States from Nigeria 21 years ago. And a certified nursing assistant training class at Hennepin Technical College brought him to Catholic Eldercare (CEC), a place he now calls, “home.” Kola says he chose Minnesota because he has family here, and then Catholic Eldercare chose him.



Kola Adetola, RN

Through college tuition reimbursement and scholarships provided by CEC, Kola has climbed the ladder from certified nursing assistant (CNA) to trained medication aid (TMA) to licensed practical nurse (LPN) to an associate of science in nursing degree (ASN), a nurse manager position, and a 4-year bachelor’s degree, becoming a registered nurse (RN). He now tells others working towards their degree, “Believe that anything is possible, if you’re willing to put in the work.”

Kola began caring for elderly people at a young age when his grandmother moved in with his family. “This is what we do in Nigeria,” he says. “We don’t have nursing homes there.” As a young man, compassion seemed innate to Kola, as he learned the importance of care with dignity and respect. “At the time, I wanted to be a doctor, so I started college in Nigeria to work towards the degree. That changed when I had the opportunity to immigrate to the U.S. and learned about nursing,” he explains.

With deep respect for the nursing profession, Kola admits that he didn’t always realize how hard nurses’ work. “When I was a CNA, I didn’t think it looked that hard, but as I advanced through more levels of training, it became clear to me that it was. It also made me more understanding of all the positions I held, and work done within them.”

Now, in his 20th year at CEC, Kola says it’s a great place to work. “I was fortunate to come back after my nursing assistant training. Our relationship is strong, and it’s mutually beneficial. I love what I do, and I want to keep doing it.”

What’s next for this dedicated nurse who has earned multiple degrees, has overcome language barriers, and worked two jobs to earn money to support himself along the way? “I think I will get a master’s degree in nursing,” he says. “And then, I’ll stop.” Carla Franz Director of Nursing is proud to work in a place that made it possible for Kola to further his education, while sharing his talents on the job. “We are so blessed to have Kola on staff at CEC,” she says. “Patients light up when he walks in the room.” Kola feels the pleasure is his, “I love caring for elderly people. Bringing joy to patients gives me joy.”

“Taking care of elders is what I want to do,” Kola says. “We’re all going to get older and need care. I don’t know who will take care of me when my time comes, but I love spending time with my patients.” Kola, we’re quite certain that when your time comes, Catholic Eldercare will find a place for you.

A Message from our Foundation Director



Dear friends,

We are excited to be celebrating the 40th year of Catholic Eldercare! The passion and dream of our four founders became reality in 1983, and it is now our beautiful legacy.

We are grateful for Sister Ruth Roland, Tom Glodek, Bob Hannah, Al Hofstede, and many other dedicated volunteers who gave their time, talent, and prayers to ensure seniors would live their lives in dignity in our care. We stand strong today, a faith-based

organization with a mission of providing caring, respectful support, and housing for seniors in Northeast Minneapolis.

The past four years have been challenging with the pressure of the pandemic and financial constraints in our country. We are still managing the issues that have followed, along with workforce challenges and delayed federal and state reimbursements for care costs. Without your ongoing support, it would be difficult to meet the demands of it all. However, these trials will not hinder our celebration of the loving care we provide our seniors, knowing your financial support and prayers are the corner stone to our success. From the bottom of our hearts, Thank you!

We are raising money for the mission of Catholic Eldercare, so we can continue to lovingly serve and care for our seniors.

We are raising money for the mission of Catholic Eldercare, so we can continue to lovingly serve and care for our seniors. Please consider an anniversary gift or sponsor our 40th Anniversary event. Opportunities are highlighted on pages 22 and 23.

We are blessed to call you friends in our mission! May you be blessed by God’s grace and love.

Warmly,


Tom Glass
Catholic Eldercare Foundation Director



Historical Timeline

From the founding of St. Anthony of Padua Church to the 40th Anniversary of Catholic Eldercare. We are built on a foundation of faith and values.

1849 St. Anthony of Padua Church is established by Father Augustine Ravoux, a French missionary who played an important role in the early days of the diocese of Saint Paul. The church was built on land provided by Pierre Bottineau and was also designated for a parish school.



1851 Father Joseph Cretin comes to the new Diocese of St. Paul as the first bishop, and appoints Father D. Ledon, also a missionary, as the church's first pastor. The little framed church is completed and dedicated by Bishop Joseph Cretin. One of the first events noted in the parish record book was the wedding of Pierre Bottineau.

1853 The Sisters of St. Joseph arrive from St. Louis to run St. Anthony of Padua Parish School, housed in St. Anthony of Padua Church. The needs of the school were provided by the parish.

1855 A new St. Anthony Parish School is constructed on the grounds where Catholic Eldercare now stands. The building is 45 x 30 feet, and two and a half stories high.

1860 Construction begins on a new St. Anthony of Padua Church, built with stone on the site where it now stands.

1861 Bishop Joseph Cretin dedicates the new church that is now the "Mother Church" of Minneapolis. It has gone through several alterations, but the body of the church remains identical to the 1861 structure.

1880 St. Anthony of Padua Parish School grows to include a high school department.

1914 St. Anthony of Padua Parish School graduating class becomes the first to receive a 4-year diploma.

1915 The St. Anthony of Padua Parish School becomes St. Anthony of Padua High School.

1924 St. Anthony of Padua High School is accredited by the University of Minnesota, and student applications increase.

1960 35 parishes are represented at St. Anthony of Padua High School.

1971 Bishop Joseph Cretin dedicates the new church that is now the "Mother Church" of Minneapolis. It has gone through several alterations, but the body of the church remains identical to the 1861 structure.

1972 Archbishop John Roach connects Al Hofstede with Sr. Ruth Roland


1974 Little Sisters of the Poor closes, losing the only Catholic nursing home in Northeast.

1979 The four founders of Catholic Eldercare and the Northeast community come together to build and support a nursing home to provide care for their neighbors. Monthly meetings begin.

1980 Incorporation of Catholic Eldercare, Inc.

1981 Architectural plans and financing move forward.

1982 Construction on Catholic Eldercare begins.



1983 Catholic Eldercare opens its doors, and seven residents are admitted.

1984 Catholic Eldercare is full, Sr. Ruth's golden retriever, Brandy becomes the first pet therapist.

1988 Charitable gambling becomes legal in Minnesota, and CEC sets up Elsie pull tabs at Elsie Bowling and Restaurant.

1995 Catholic Eldercare expands again, opening Mainstreet Lodge at 817 N. Main, offering assisted living apartments.


2004 Catholic Eldercare expands to include RiverVillage East at 2919 Randolph Street NE, offering assisted living apartments and RiverVillage North at 2921 Randolph Street NE, offering subsidized, low-rent apartments.

2013 Ownership of the Chapel of St. Anthony of Padua is transferred from the Archbishop of St. Paul and Minneapolis to Catholic Eldercare.


2017 Northeast's only fully dedicated transitional care unit opens at Catholic Eldercare, providing the latest in rehabilitation services.

The Catholic Eldercare adult day program reopens after renovation.


2018 Catholic Eldercare expands to include Wyndris Senior Living at 929 2nd Street.



2022 St. Anthony Garden is dedicated on September 9th as a gift to residents, their families, and the Northeast community.



2023 Catholic Eldercare celebrates 40 years, and the legacy and mission of the founders continues.






Consider a 40th Anniversary Gift to Catholic Eldercare

We are proud of our 40-year legacy of serving seniors in Northeast Minneapolis. Our commitment to faith-based care and nurturing the ageless spirit is our hallmark, and we are grateful for your continued financial support to make it possible. Thank you!

Catholic Eldercare is dedicated to meeting the needs of everyone living and working within our community. Your support makes it possible for us to do that, and we are grateful for your gifts.

There are several ways to give:

Donate to:



Ageless Spirit Fund

Enrich the lives of residents and families with gather spaces and other amenities.



Benevolence Fund

Help people who through no fault of their own find themselves at financial risk.



St. Anthony of Padua Chapel Society

Fund the pastoral care program, maintenance, and upkeep of St. Anthony of Padua Chapel.



Choose a way to send your gift:

1. For credit cards, scan the QR code or visit catholiceldercare.org/giving
2. Write a check payable to Catholic Eldercare Foundation and mail it in the attached envelope (no postage necessary)

Save the Date for our anniversary event: 40 Years of Caring Celebration

We are proud of our 40-year legacy of serving seniors in Northeast Minneapolis

Our commitment to faith-based care and nurturing the ageless spirit is our hallmark, and we are grateful for your continued financial support to make it possible.

**September 27, 2023
12:00 Noon**

**Jax Café
1928 University Avenue NE
Northeast Minneapolis**

Sponsor our 40th Anniversary event

Diamond Sponsorship \$25,000 +

- Two reserved tables at **40 Years of Caring Celebration**
- VIP Reception with sponsors prior to lunch
- Name/Corporate logo in the event program
- Recognition within all luncheon event communication and presentations
- Name/Corporate logo on event signage, tabletop, and CEC website

Platinum Sponsorship \$10,000 +

- One reserved table at **40 Years of Caring Celebration**
- VIP Reception with sponsors prior to lunch
- Recognition within all luncheon event communication and presentations
- Name/Corporate logo on event signage, tabletop, and CEC website

Gold Sponsorship \$5,000 +

- One reserved table at **40 Years of Caring Celebration**
- VIP Reception with sponsors prior to lunch
- Recognition within all luncheon event communication and presentations
- Name/Corporate logo on event signage, tabletop, and CEC website

Silver Sponsorship \$2,500 +

- One reserved table at **40 Years of Caring Celebration**
- VIP Reception with sponsors prior to lunch
- Recognition within all luncheon event communication and presentations
- Name/Corporate logo on event signage, tabletop, and CEC website

Friends & Family Sponsorship \$1,000 +

- One reserved table at **40 Years of Caring Celebration**
- Recognition within all luncheon event communication and presentations
- Name/Corporate logo on event signage, tabletop, and CEC website

40th Anniversary gifts and donations of any amount are welcomed and appreciated to support the mission of CEC.





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Exciting things are coming to CEC! Stay in the know.

Update your info to get alerts on: Senior
Resource Fair, 40th Anniversary celebrations,
reopening St. Anthony Chapel, and more!



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Catholic Eldercare provides the care,
housing and services needed by older
adults to continue living fully — with
dignity — in an intentionally created
community.

CONNECTIONS is a biannual
publication of Catholic Eldercare, Inc.,
817 Main St. NE, Minneapolis, MN
55413. The purpose of this publication
is to provide useful information and
resources to the Catholic Eldercare
community. For more information or
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