

Monday

Tuesday

Wednesday

Thursday

Friday

# October 2021

## Catholic Eldercare by Day

<div><h1>October 2021</h1><h2>Catholic Eldercare by Day</h2></div>					Coffee & Conversation 1 News & Announcements Daily Devotions Friday Fitness EERIE Water Colors Tumbling Dice Word Games
Coffee & Conversation 4 News & Announcements Daily Devotions Mighty Muscle Moves A-Z Tunes Ladder Ball Cranium Crunches	Coffee & Conversation 5 News & Announcements Daily Devotions Morning Exercise Comic Books! Ring Toss Brain Builders	Coffee & Conversation 6 News & Announcements Daily Devotions Wellness Workout Marathon Mania Roll-A-Pumpkin October IQ	Coffee & Conversation 7 News & Announcements Daily Devotions Let's Get Moving! The Golden Arches Jug Band Jams Mind Medleys	Coffee & Conversation 8 News & Announcements Daily Devotions Friday Fitness Let's make a pumpkin! Bocci Ball Word Games	
Coffee & Conversation 11 News & Announcements Daily Devotions Mighty Muscle Moves Music Hangman Bean Bag Toss Cranium Crunches	Coffee & Conversation 12 News & Announcements Daily Devotions Morning Exercise All About COFFEE Bucket Ball! Brain Builders	Coffee & Conversation 13 News & Announcements Daily Devotions Wellness Workout PLINKO & Trivia Splish Splash Pong! Brain Games	Coffee & Conversation 14 News & Announcements Daily Devotions Let's Get Moving! I Love Lucy! Client Activity Planning Musical Dice	Coffee & Conversation 15 News & Announcements Daily Devotions Friday Fitness Polish Heritage Health Talk Ladder Golf	
Coffee & Conversation 18 News & Announcements Daily Devotions Mighty Muscle Moves Music Link-Up BINGO! Cranium Crunches	Coffee & Conversation 19 News & Announcements Daily Devotions Morning Exercise Aliens Water Pong! Brain Builders	Coffee & Conversation 20 News & Announcements Daily Devotions Wellness Workout Creature Feature: Reptiles Pumpkin Toss!	Coffee & Conversation 21 News & Announcements Daily Devotions Let's Get Moving! Don't Worry Be Happy Music Twister Mind Medleys	Coffee & Conversation 22 News & Announcements Daily Devotions Friday Fitness Travelogue: Spooky Minnesota Birthday Party/Bean Bags	
Coffee & Conversation 25 News & Announcements Daily Devotions Mighty Muscle Moves Music Pictionary Flickin' Chicken Cranium Crunches	Coffee & Conversation 26 News & Announcements Daily Devotions Morning Exercise Abracadabra & Bippity Boppity Boo! Target Practice	Coffee & Conversation 27 News & Announcements Daily Devotions Wellness Workout How Did We Ever Live Without That? Matinee: Hocus Pocus	Coffee & Conversation 28 News & Announcements Daily Devotions Let's Get Moving! Would You Rather? Spooky Song Stories Mind Medleys	Coffee & Conversation 29 News & Announcements Daily Devotions Friday Fitness HALLOWEEN PARTY! Halloween Treat Bingo Spooky Spider Roll	

DAILY LUNCH 12:00 P.M. / DAILY SNACK 2:00 P.M.

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