

Connections



Pastoral care is about meeting the spiritual needs of the residents;

helping them make meaning of their lives. It is about being present to listen and help guide the process as they reflect on life's struggles, difficulties, and joys. And most of all, pastoral care helps them see where God has been present through all of it. This is the heart of the Catholic Eldercare mission. Meet St. Anthony of Padua Chapel's Priest-in-Residence John Brandes on p. 6.



Catholic Eldercare provides the care, housing and services needed by older adults to continue living fully – with dignity – in an intentionally created community.



Dear Friends:

With this fall issue of Connections, we introduce a fresher, bolder format that reflects the exciting direction Catholic Eldercare is taking as we identify and meet growing needs in our community.

Our new tagline - **Nurturing Life's Ageless Spirit** - represents the essence of what we do as a senior care organization. Catholic Eldercare is a place where quality, loving care matters. A home where residents enjoy their leisure, make friends, and remain engaged, regardless of that number we call age. A place where kindness reigns, and always with faith as the centerpiece.

For more than three decades, we've been building and sustaining a loving and caring community for seniors. We want seniors safe, content, and well cared for – not lonely and isolated. Families see us as a caring partner, so they can move beyond the worry and stress of the past and treasure this time with their loved ones. The well-being of those we serve is the focus of all we do, and that makes everyone feel better.

Making this happen, for seniors of all faiths, requires a collaboration with you. We stand together to honor and serve our community's older adults during their time of need. We're grateful to have you walk with us.

Sincerely,

William O'Brien
Chair, Board of Directors

Dan Johnson
President and Chief Executive Officer

P.S. If you have a FACEBOOK account, we encourage you to **'Like' Catholic Eldercare.**



So much happens between the spring and fall newsletters, **FACEBOOK** is a great way to stay informed about the engaging activities and programs residents enjoy.

In This Issue



Always responsive to community needs, Catholic Eldercare is planning its largest expansion project in more than a decade. And the end results will enhance our capacity to better serve older adults – throughout the community – in exciting new ways. Catholic Eldercare is stepping up - to make life better. **P. 4**



Priest-in-Residence Fr. John Brandes shares his thoughts on the importance of pastoral care, ministering to older adults, and the faithful calling he continues to feel even in retirement. **P. 6**



More than 500 friends and supporters gathered September 18 to celebrate and support the Catholic Eldercare mission at the 12th Annual Celebrating Lifelong Living Luncheon. Read Nancy Utoft's inspiring family story. **P. 8**



RiverVillage resident Ellen Boroughf wants the world to know more about the engaging life she enjoys at her assisted-living residence, so she maintains her own blog - The Contented Alfie. Enjoy Ellen's fun story on **P. 10**



You make a real difference by supporting Catholic Eldercare. We're so grateful. Discover the many ways to support the Catholic Eldercare mission. **P. 16**



We welcome new leadership to the Catholic Eldercare Board of Directors. **P. 18**



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Connections is a biannual publication of Catholic Eldercare, Inc., 817 Main St. NE, Minneapolis, MN 55413. The purpose of this publication is to provide useful information and resources to the Catholic Eldercare community. For more information on the publication or to request additional copies, suggest article ideas, or to be removed from the mailing list, contact Sandi Westberg at swestberg@catholiceldercare.org or call 612.362.2430.

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COVER PHOTO: Father John Brandes giving communion

Major Expansion Planned for New Transitional Care Unit and Larger Adult Day Program

Always attentive to community needs, Catholic Eldercare is planning a 40,000 square foot wing which will include a 24-bed, short-stay Transitional Care Unit, for patients recovering from surgery, a stroke or injury; and a significantly enhanced Adult Day program which helps seniors maintain their independence while giving loved ones a respite from caregiving duties.

“There’s a growing need for services, close to home, that promote independence,” says CEO Dan Johnson



Artist rendering of the future 24-bed Transitional Care Unit addition.

About 50 percent of the planned project is new construction with the remainder being remodeled existing space.

Skilled nursing care, along with physical, occupational and speech therapies, will be available for TCU clients - resident and outpatient - at the main Catholic Eldercare campus (817 Main St. NE). A satellite clinic, offering rehabilitation services for residents and outpatients, is now operational at RiverVillage East (2919 Randolph Street, NE).

Construction planning for the TCU follows a market assessment that identified a strong, local need for quality physical, occupational and speech therapies available in a short-stay setting. “Hospital admissions are decreasing and more care is being provided on an outpatient basis,” says CEO Dan Johnson.

“As our population ages and grows, people want convenient, ready access to care services near their homes.

Adult Day Program Expansion

The Catholic Eldercare By Day expansion is a response to the growing need for weekday adult day support to help seniors maintain their independence. For many families trying to cope with the challenges of an aging parent, the program is an ideal option between struggling to live independently and full-time residency in a more structured setting. And, it’s a great respite for stressed caregivers who can use the time to relax or run errands and take care of other duties.



The bright, cheery Adult Day department will be more efficiently configured for optimal use. The outdoor courtyard will offer another safe, relaxing space for clients.

“Love does not overcome your lack of endurance. There are a lot of challenges involved when taking care of an aging adult. Mother has really blossomed in adult day,” said a client’s daughter.

Renewing the Spirit

A day spent with a circle of friends feeds the spirit and eases loneliness. Participants enjoy games and art activities; outings to museums, the mall, or a popular fishing spot, nutritious meals and snacks, pastoral care and daily worship opportunities. Seniors can even enjoy a relaxing therapeutic bath or a spirit-lifting visit to the beauty salon.

Seniors often experience improvement in their physical and mental well-being due to the increased socialization and nutritional support this program offers. A special day program is also available for elders with dementia. This custom-designed program ensures elders are free to be themselves in a relaxed, secure environment with caring staff and volunteers.



Next Phase?

Still to come? Beautiful enhancements will be made to the pastoral, green space surrounding St. Anthony of Padua Chapel, so the tranquil grounds are handicap-accessible and family-friendly. The grounds will be an inviting, landscaped destination for activities and peaceful reflection for the parish and the wider community.

Outpatient Rehabilitation Services Available

Outpatient physical, occupational and speech therapies are now available at Catholic Eldercare (817 Main Street NE), and at the new satellite clinic located at RiverVillage East (2919 Randolph Street NE). Individuals with a Parkinson’s diagnosis can receive specialized care, as well, thanks to the new collaboration with the Struthers Parkinson’s Center.

For more information on the outpatient Rehabilitation Services open house or to schedule an appointment, please call **612-362-2415**.



Heart of the Matter

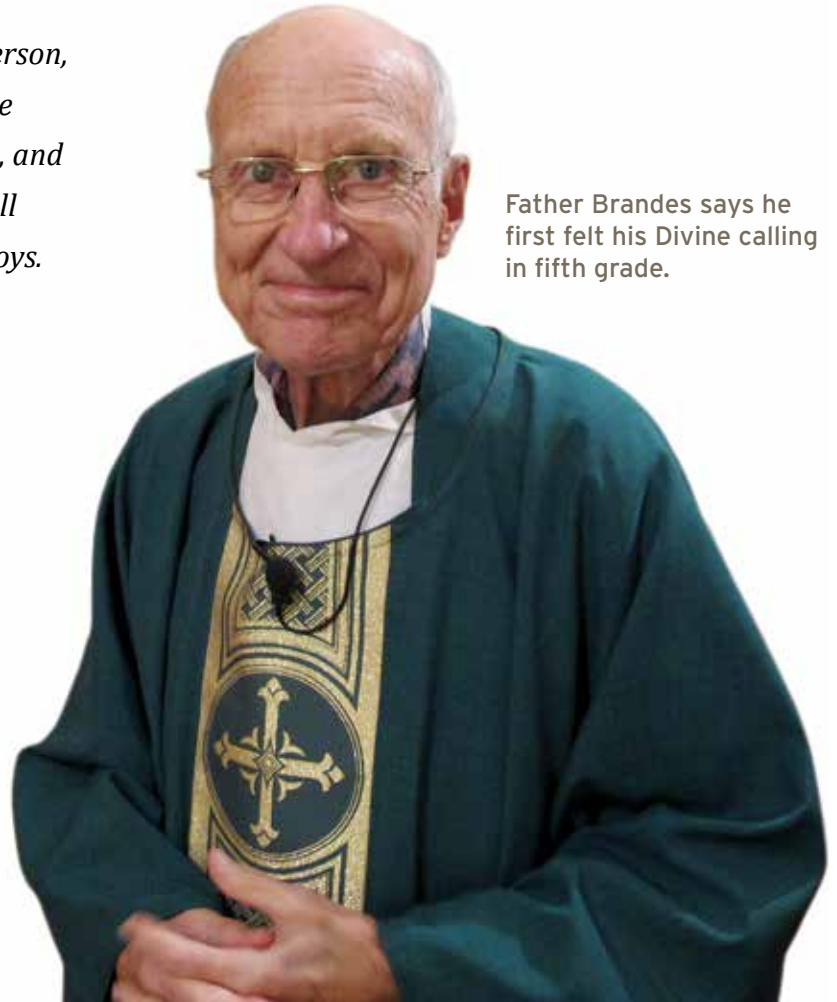
Pastoral care is about meeting the need of the inner person, being present in life's difficult moments, helping to ease hurts, reconcile relationships, encourage perseverance, and offer hope. We all need pastoral care. Someone who will listen to our struggles and join us in celebrating life's joys. This pastoral presence is at the heart of the Catholic Eldercare mission.

Father John Brandes

is the priest at St. Anthony of Padua Chapel. He sat down recently to discuss his pastoral care role and the importance of faith in the lives of seniors.

Connections: After serving most recently at St. Boniface for eight years you retired, but haven't slowed down much at age 88. How are you enjoying your new role at St. Anthony of Padua Chapel?

Fr. Brandes: Well, I'm officially retired but want very much to continue to serve for as long as I can. It's a beautiful opportunity for me, a privilege really. I'm happy. At my age I can include myself among the older adults we serve. It helps me understand their challenges. I have an opportunity to speak with the residents, to see what crosses they've taken up, such as loss of independence, loss of spouses and their homes, and also what challenges the caregivers face. And as we approach the mystery of death and the promise of Heaven, wide-eyed wonder can overcome fear of the unknown because of faith, trust, and love. That's beautiful.



Father Brandes says he first felt his Divine calling in fifth grade.

Connections: The Catholic Eldercare mission is about helping people live dignified lives, and to reach their greatest potential. To live fully, with faith at the forefront. You must see the fruit of this mission every day.

Fr. Brandes: Most people are happy and grateful. They have fun, they help one another. It's a privilege to witness, it's love put into action.

Connections: Pastoral care is always important but especially so as this life begins to reach its conclusion.

Fr. Brandes: I think a big part of the success of Catholic Eldercare is the pastoral care. The chaplains are wonderful and the people love them. I spoke with a man whose mother had died after being at the nursing home for only two days. He told me, 'I love this place!' Two days. We are here for the welfare of the residents and their families.

We're also blessed to have a liturgist, Jaclyn Gavin, who is musically very talented and understands seniors, even at her young age. She brings a lot of artistic talent which is a wonderful way to communicate Jesus, through the arts. It's a language for the soul.

Connections: Although your ministry has taken you elsewhere in the world, to places like Guatemala where you served for a decade, you're back on home turf now so to speak.

Fr. Brandes: I grew up in North Minneapolis and the family home once stood where a portion of I-94 is now. My father was from the northside, my mother from the southside, and a grandmother lived on Marshall Street here in Northeast. I live at 1101 Main in Northeast.



Father John Brandes, Catholic Eldercare's Priest-in-Residence, enjoys a light moment with resident Florence Lesniak.

Connections: When did you first sense a call on your life?

Fr. Brandes: I was in fifth grade, and we had a wonderful priest on the northside who started a Vocation Club for the altar boys. In school, we held the priests in high regard. The Holy Spirit used these small things to reach me in a profound way. I enjoy being a priest; it's an opportunity to live in Christ and to talk about God, to study and pray, and serve.



Vital Living RiverVillage Resident Blogs About Senior Living



Ellen Boroughf – under her pen name *The Old Baguette* – blogs about her fun, engaging life at RiverVillage East.

Ellen Boroughf is engaging, opinionated, and outrageously fun. She loves living at RiverVillage East, gathering with her friends for morning coffee, and taking advantage of the many lifelong learning activities and events.

“I cannot stand the word senior,” she says, letting the word slowly slip from her lips. And then, with perfect comedic timing, “Unless I’m getting a discount.”

Ba da boom, ba da bing!

Ellen, 80, moved in during August 2013, after recognizing that her growing health challenges required a new lifestyle, in a place where she could get the support she needs. “You can only impose so much on friends, they don’t have the time, lives of their own, families of their own,” she says. “So, moving here was the responsible thing to do.”

She quickly fell in love with life at her assisted-living facility, or her ALF as she calls it. “I’m an ALFie, and I love



it here. There are friends around, the food is wonderful and I don’t have to cook. There is so much to enjoy here. And it’s freeing. I’m satisfied,” says the former teacher and University of Chicago and Wellesley grad.

Ellen has a quick and curious mind as she begins her ninth decade. Several months ago, she decided the world needs to know what its like to grow older and live in an assisted-living residence. Soon, she had created her own blog, *TheContentedAlfie.Com* and came up with a pen name - *The Old Baguette*. She was in business.

On a sunny morning in late spring, Ellen takes a seat at her computer and begins to compose her blog post for the day. She’d just returned from visiting with friends and everyone had a marvelous time, a morning filled with laughter and great stories.

Most residents look happy and contented, despite their age, their creakiness and their neediness, because what this ALF does, it does right.

*"I cannot stand the word **senior**," Ellen says, letting the word slowly slip from her lips. And then, with perfect comedic timing, "Unless I'm getting a discount."*

Ellen blogs, she explains, to give people of all ages an accurate sense of aging and what life can be like after one leaves their long-time home. "Many people have a fear of moving into any kind of an assisted-living facility, an actual *fear*," she exclaims. "They don't know what its all about, so I decided I would write something that was true. I'm not making anything up."

The Old Baguette can't help noticing that staff members seem to be called to be caregivers.

She pauses from the keyboard and finishes her thought for a visitor.

"The staff here is exceptional. They're all intelligent, they're caring, some of them are incredibly funny. Life here is the best that people, who really care, can give you. It's amazing."

"People, in moving from an apartment or a house, may think this is where I'm going to go to die. They're *wrong*," Ellen says with emphasis. "This is a place to come and *live!*"

Ellen is featured in the new Catholic Eldercare video. View it online at www.catholiceldercare.org/video.html.



A Life in Poetry: An Odyssey

Ellen Boroughf wrote this poem about her transition to life at RiverVillage.

The years have made me a fragile antique,
my feet ache, and my joints creak.

I've a patina of crinkles,
fine lines, and wrinkles.

Truth be told, I'm old.

Because of inevitable wear and tear,
antiques like me need frequent repair.

Parts subcutaneous, that were deemed extraneous,
are no longer there.

My knees were replaced, and my neck was braced,
with hardware.

Details of how, when, and why I've been sick,
are contained in my chart. It's ten inches thick.

I lived alone. Friends worried and insisted I needed
assistance. Hmm should I or shouldn't I offer resistance?

My trusted primary physician,
a practical, skilled clinician, said, "Get the assistance."

My friend Linda happened to know of a wonderful place.
A feast for the eye, filled with peace and grace.

All the help I'd ever need would be available there.
That perfect place? Catholic Eldercare.

I moved in on August first of last year,
Putting an end to my friends' growing fear.

At Catholic Eldercare.
I'm active and busy with friends to spare.

Best of all I'm free, free, free.
Free to be totally, utterly me.

Am I still old, a creaky antique?
You betcha!

Celebrating Lifelong Living Luncheon Raises \$120,000



Funds raised at the 12th annual Celebrating Lifelong Living Luncheon support the engaging programs and activities that residents enjoy.

520 friends and supporters gathered September 18 to celebrate and support the Catholic Eldercare mission at the 12th Annual Celebrating Lifelong Living Luncheon.

The audience was moved by the heartfelt testimonial given by Nancy Utoft whose family has long-time ties with Catholic Eldercare. Nancy's mother, Jeanette Windyk, currently lives at MainStreet Lodge. "When it became obvious Mom needed more help in daily living, the choice was clear - Catholic Eldercare," Nancy told the crowd.

"From the start, we were impressed with the staff's sensitivity in supporting her, honoring her decision to attend or decline an activity, and subtly encouraging her to participate. I see how they bring out the best in her. Their caregiving extends to a true caring for the person they are helping. We saw Mom make gains in health and outlook; the combination of great, nutritious meals and a bevy of activities renewed her body and mind."

"We've experienced a spirit of joyfulness. As family members, we also feel cared for by the staff. They provide encouragement and a perspective on the aging process that sheds light on our situation, putting to rest concerns and anxious moments. After a recent rehab stay following a hospitalization, Mom said to me, "I can't wait to go home." I asked: 'So, where is home?' Her response: "MainStreet Lodge."

"We cannot do this alone; we need you."

CEO Dan Johnson shared plans for mission expansion, including a Transitional Care Unit and remodeled Catholic Eldercare By Day program (see story on p. 4.) He also shared details of other new programs to better serve seniors and their families:

- Catholic Senior Connection provides a licensed social worker for parish families to help them identify senior care needs that best fit their situation. Services include housing, home health, meal delivery, chore services, transportation and caregiver support.

For more information call 612-605-2509.



Nancy Utoft shared her family's story with guests. "When it became obvious Mom needed more help in daily living, the choice was clear - Catholic Eldercare."

- The Neighborhood Socials Project eases loneliness and isolation through regular social gatherings, so seniors are better able to build connections and make friends. The program also offers a gateway opportunity to ascertain other needs seniors may have such as delivered meals, home health and pastoral care.

For more information call 612-605-2509.

"We can't do all of this on our own. This is not a solo performance. We are in this together. With you, we can achieve a greater good. We can have a greater impact, make a bigger difference," Johnson said. "We need you."



CEO Dan Johnson explained new mission expansion, including a Transitional Care Unit, an enhanced Adult Day program and a new initiative to ease loneliness and isolation in the community.

Thank you Luncheon Sponsors!

These sponsors generously funded the 2014 luncheon event, enabling every donor gift to go directly to support the Catholic Eldercare mission.

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Camille and Scott Miles
The Birth of Harper Ann Kampsen
Sandi Westberg
The Marriage of Katherine Lutz and Chuck Haik
Catholic Eldercare Development Committee
Mary Marino
Jane Kibler
The Birth of Marta Anna
Kristine Smyth
Gary Morin
Nancy Morin
S. Colette Primus OSB
Sandi Westberg
Roh's 39th Wedding Anniversary
M. J. Rosenbower
Anne M. Smith
Deborah and Brian Brattlof
St. Anthony - 1941 Graduate.
Kay Sverkerson
Thank you for the Chapel.
Guadalupe and Wayne Gysland
Ralph Strangis
Harry G. McNeely, Jr.
Sandi Westberg
Gary Quam

In Memory of... Annual Fund
Helen Abresch
Joseph and Oronah Wilhelmy
Josephine Anderson
Bob and Andrea Sledz
William J. Archambault
Bishop Lee Piche
Vera Babchak
Karen Babchak
MaeRose Baltes Birthday - May 1st
Sandi Westberg
Ralph Baltes Birthday - Sept. 19

Sandi Westberg
Helen and Alf Boe
 Rodger and Jeanne Boe
Bernadette Borman
 Francis and Carol Borman
Marie Dunleavy Bridegeman
 Patricia B. Hillmeyer
Teresa H. Bruneau
 Carol Bruneau-Malson
Joseph Chen
 Rachel Chin Fu Chen
My Grandparents
 Rachel Chin Fu Chen
Rose Amelia Claesgens
 Ann Claesgens
Brother Michael Collins
 David and Rita Thorson
Kenneth Corsaw
 Terry and Eugene Fink
Richard G. Curtis
 Barbara K. Curtis
Ree Dauphin
 Bud Dauphin and Marcia Schaaaf
Eva Denniston
 June Kroening
Amanda Ellering
 Anthony and Amanda Bauman
Donald Erickson
 Jack and Leann Born
 Mary Brady
 Fridley Volunteer Firefighter's
 Relief Assoc. General Fund
 Dee Ann Millard
 Nancy and Daniel Novack
 Genevieve Peltier
 Brian and Kathleen Short
 Washburn-McReavy
 Funeral Chapels
 Michael and Deborah Young
Donald and Joan Erickson
 Karen Erickson
Eugene Hunstiger
 Harriet Hunstiger Campbell
Eugene Fedora
 Margaret D. Fedora
Mary Gillespie
 David and Catherine Dooley
Ann Grabowski
 Paul and Patricia Archambault
 Robert and Shauna Archambault
 Thomas and Anne Archambault
 Melissa Aune
 Jim Bankowski
 Thomas and Margaret Beck
 Bob and Joanne Benson
 Ann M. Buszta
 Marge Buszta

Joseph and Joan Byrne
 Joseph Cavaleri
 Jeffrey and Michelle Craemer
 Gloria A. and Walter C.
 Czerepak
 Nancy Duncan
 Walt and Pat Dziedzic
 Clarice Gensch
 Roger and Snookie Gerber
 Dee Goranson
 Dee Gustafson
 Diane and Tony Hofstede
 Joe and LaVern Hroska
 Mike and Rosemary Husby
 Elaine R. Jurichko
 Paul and Janet Krmopotich
 Mr. and Mrs. Werner
 Kuhnert
 William Larson and
 Patricia M. Ritchie-Larson
 Bob and Kathy Lindell
 Howard and Virginia
 Lundgren
 Victoria R. Matthes
 Mavis and Gary McElmurry
 Gail Mikolich
 Doug and Carrie Mlinar
 Nick and Michelle Mlinar
 Peter and Marilyn Mlinar
 Tom Mlinar
 Ann More
 Fred and June Pfeiffer
 Pat Reed
 Ken and Linda Russ
 Janet Sivanich
 Warren and Helen Sorensen
 Paul and Shelly Staszewsky
 Anne Stopera
 Mavis Szabla
 Eugene and Donna Szymanski
 Jennifer Villella
 Marjorie Walczak
 Howard and Marlene Weller
 The Woida Family
Marguerite Green
 Verna J. Green
George L. Greene
 Robert and Marcia Fjerstad
Father Ted Guminga
 Patricia M. Klapak
Bernadette Heider
 Philip and June Riley
Richard J. Hennessy
 Janelle Bohrad
 Joseph Cavaleri
 Shirley T. Graczyk
 Gerald and Bonnie Kennedy

Dorothy Hess
 John and Mary Comford
Bonnie Mae Hessler
 Judy and John Benkufsky
Ralph Hitchens
 Wayne and Carla Brademan
 Vickie Burns
 Chris and Bill Cannon
 Edward and Mary Jane Caputa
 Denise and James Caputa
 Joseph Cavaleri
 Lyle and Karen Chastek
 Tom and JoAnn Costigan
 Walt and Pat Dziedzic
 Mike and Lisa Egan
 Chuck and Sue Fenton
 Lyle Goodspeed
 James and Mary Hyvare
 Karol Johnson
 Jenny and Jason Madden
 John and Barbara Madden
 Tom Mueller
 Harvey and Gayle Nordine
 Kevin O'Rourke
 Kathy Pouliot
 Pat and Larry Ruterford
 Molly Schreiner
 Jeffery Schrempp
 Kay Vignoro
Irene Hoskins
 Cindy and Michael Wiese
 Beulah Hreha
 David and Margie Hreha
Mary Catherine Iden
 Rita Kobolt Ahart's Siblings
 Richard and Bettie Ahart
 Vincent Ahart
 Mary Jane Hobright
 Paulette and James Kostick
 Ron and Patty Oelschlager
 Maurice and Claire Pouliot
 Laurie Schwartzbauer
Frank Nawara
 Heladore J. Nawara
Marien Jasinski
 Kathryn Mullally
Jean L. Krause
 Tim and Cheryl Krause
Ruth Kron
 Stanley Atkinson
 Glenn and Bernice Carlson
 Maurice Foslid
 Mary Guyer
 Mark and Debra Harless
 Dwight and Kate Johnson
 Dwight and Lorraine

Johnson
 Carol Kroll
 Marcia Matson
 Vernice Monson
 Keith Smith
 Douglas Stoffel
 Richard and Darla Wexler
Michael and Mary Kudla
 ING Foundation
 Brenda Michnowski
Kevin LaVigne
 Laurie LaVigne
Marion LaVigne
 Laurie LaVigne
Mary Loberg
 Leo and Betty Loberg
Leocadia Magdos
 Friends and Family of
 Leocadia Magdos
 Michael and Ann Murphy
 Darrell and Billie Olson
 Staff Support/Sunshine
 Zoltan and Janet Szabo
 Jean Thies
Margaret "Maggie" Marino
 Roberta Keller
Mary Maslowski
 Frank and Dolores Genosky
Ralph Mathison
 Thomas and Judith Mathison
William McGrath
 John and Mary Comford
**Charles and Jeanne Melsha's
 Anniversary**
 Mark and Patty Gorman
Charles Melsha - Father's Day 2014
 Mark and Patty Gorman
Charles Melsha
 Jeanne Melsha
Emil and Mae Mickelson
 Phyllis Parker
Elizabeth M. Miller
 Helen Klaers Bentrud
Stanley Mirocha's Birthday
 Dan and Carol Forby
Michael Morrison
 Margaret Mary Bannigan
**The Mulcahy family -
 members of St. Anthony from 1890
 to 1942. My parents were married
 at St. Anthony in 1915.**
 Jane K. Clifford
Jim Murphy
 Rose Murphy
Irene Nalezny
 Heladore J. Nawara
Ed Newinski

JoAnne Student
William T. O'Brien
Sam and Norma Assam
Helen Bambenek
Mark Beltrand
Ronald and Victoria Boyd
Kenneth Carlson
Julie and Richard Carr
Roger and Joan Carr
Carolyn Cochran
Roseanne Dargis
Walt and Pat Dziedzic
Patricia and Timothy
Fredberg
Thomas and Sandra Glodek
Lynn and Christine Hansen
Brian and Karen Jenks
James Murzyn
Heidi Neilsen
Maureen O'Brien
John and Kimberly Pilarski
Alfred Rashid
Patricia Salstrom
Kristine Smyth
Lynne St. John
Olive Weatherman
Chuck and Dee Wideen
Jerry Olson
Darlene D. Olson
Roy H. Pearo
Mary M. Pearo
Bernice J. Pederson
Corey Dahlstrand
William R. and Eleanore V.
Pederson
Hazelle A. Peluf
Mary Lou Harald
Genny Polakowski
James Polakowski
Brother George Primus OSB
Sandi Westberg
Tony and Tillie Primus
Sandi Westberg
Agnes Richter
Marie Bliss
Larry and Doris Boser
James and Pat Bumgarner
Rebecca and Chuck Deming
Janice Earl
Robert and Marcia Fjerstad
Gerald and Diane Hartwig
Patricia Janey
Ronald and Vicki Kitzmann
Hermann and Ingrid Knauss
Joanne and Richard Lero
Donald and
Genevieve Lewandowski

Nancy K. and C. B. Martin
Jerome and Pauline McAllister
Rosemary and John Peluf
Colleen Quinn
Rosalyn Rhoten
Cynthia Richter
June Schafer
Vernon and Margaret Sowada
Ronald and Sandra Tomczik
Stanley and Katherine Torkkola
Mary Uram
Mike and Rosalyn Zytkovicz
Lorraine Robinson
Robert and Virginia Bertch
S. Ruth Roland OP
Sigrid Nelson
Tom and Derek Klaus Schuster
Ronald and Mary Schuster
Viola Sichak
Sheryl Brown
Tom Skillings
Gordon and Mary Skillings
Catharine Anastacia Smith
Deacon and Mrs. William Smith
Mrs. Smolka
John and Mary Comfort
Dorothy Smyth
Michael and Marilyn Smyth
Dr. and Mrs. John Smyth
Kristine Smyth
Francis Steffens
Alex and Kathleen Dehmer
Donald Student
JoAnne Student
Fern Violette
Joseph Cavaleri
Sandi Westberg
Walicki and Haladej Families
Donna M. Walicki
Elaine Wampach
Dan and Carol Forby
Mary Warhol
William and Jeanette Varhol
My sister Marion
Frances Weber
Randal J. Wilcox
David and Julie Kellner

Capital Fund
Jenifer Bendel-Artman
Carla and Peter Frantz
Marilyn and Jimmy DuBay

In Honor of...Capital Fund
Mary Broderick
Ken Baltes, Ph.D. and Dorothy Elion

Catholic Eldercare Chapel

Rosemary Albrecht
Anonymous (28)
Cynthia Arnold
Michael and Monica Bianchi
Joe and Sheila Biernat
Donald Bleichner
Marie Bliss
Janelle Bohrad
Bernadette Botoshe
Leon and Rose Bourque
Rev. John F. Brandes
Deborah and Brian Brattlof
Helen Brya
James and Pat Bumgarner
Thomas and Kathleen Burns
Joseph Cavaleri
Rachel Chin Fu Chen
David and Maureen Collins
Gary and Mary Dowdle
Rosemary and Dennis Drevniak
Thomas Dunnwald
Karen Erickson
Robert and Marcia Fjerstad
Steve and Trish Flannigan
Dan and Carol Forby
Dante and Maria Gabriel
Laurie Garcia
Alex and Cindy Gipsky
David and Katherine Gooley
Shirley T. Graczyk
Douglas and Antoinette Grandy
Olive Hachlowski
James and Terese Hallgren
Theresa Hansen
Bill and Kathy Hanson
Janice Hathaway-Ott
Delores and J. Michael Hauer
Kathleen Healy
Linda and Dale Herron
Helen Higgins
Diane and Tony Hofstede
Tom Hritzko
James Kellen
Jane Kibler
Mary Kirchoff
Randy and Carmen Knake
Joyce A. Knutson
Edward and Janice Kodet
Marjorie Kozachok
Dave and Janis Langsdale
Loretta Larkey
Ann Higgins and Randall Last
Lucille Lins
George W. Loahr

Mark Loahr
Maria Victoria Magsalin
G. Ratna and Bernadette
Mallawaaratchy
Tracey Marcelino
Mandy Marcelino
Anna Margl
Marie and Louis Marino
Mary Martichuski
Patricia Matelsky
Jerome and Pauline McAllister
Elizabeth McDonnell
Lyle and Rose McMurchie
James and Dorothy Montury
Lillian Nelson
Bernard Newinski
Linda and Mike Ojile
Margaret O'Leary
H. Lee Pacht
Diane Parkin
Anna Maria and Stan Patrick
John F. Pitleck
Gary Quam
Joanne Rabatin
Jon and Anne Reuter
Donald Richter and MaryAnn L. Peffer
Cynthia Richter
Lenny and Joanne Robatin
Art and Joan Roemer
David F. Ryan
Darrel and Yasmina Salchert
Marie M. Sawochka
Gail Schleicher
Barbara Schramm
Seukumar and Angela Seriram
Richard D. Shupien
Anne Smith
Mary Tambornino
Robert and Jeanne Tupa
Jon Voltz
Louise Vossberg
James and Bonnie Warhol
Robert and Mary Watson
Sandi Westberg
Teresa and Robert White
Donald and Lydia Zappa
Anthony and Joni Zappa
Antoinette M. Zwolski

Your Gift Matters

Catholic Eldercare is blessed by generous friends like you. Your generosity brings a special zest to the lives of seniors every day. Donor gifts support a pastoral care program that is vital as seniors live their lives and prepare for life eternal.

Your generosity also supports the fun, engaging therapeutic recreation and art activities, and the popular volunteer program that builds friendships and helps seniors in many other ways. Donor gifts also support the Subsidy Fund for seniors whose financial resources may be depleted while they are living at Catholic Eldercare.

Thanks to you, Catholic Eldercare can fully fund the programs seniors enjoy, even as costs rise and government reimbursements decrease or remain flat.

For more information on giving options, please contact Director of Development Kristine Smyth at 612-362-2494.



Quick Click to Give

By visiting www.catholiceldercare.org, you can quickly access comprehensive information on the various ways to support the mission.

1. Go to www.catholiceldercare.org
2. Click on "Giving"
3. Select from a comprehensive list of resources from online annual fund giving to planned giving options.



Leave A Legacy With Your Planned Gift

An estate or inheritance gift enables you to leave a legacy and make a difference in the community by supporting Catholic Eldercare's mission.

We invite your participation in the Sister Ruth Roland Planned Giving Society, which recognizes donors who support with their deferred or life-income gifts the life-affirming mission.

Sister Ruth Roland Society

Ron Ackerman	Mary D. Hungate†	Wallace Rainville Estate†
Ken Baltas and Dorothy Elion	James E. Indrehus	Elizabeth A. Rouleau
Alvina Bartylla	Doug J. Kohlan	Margaretha F. Santha†
Mary Virginia Betlach	Margaret T. Manley Estate†	Mary J. Schubert
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Lidwina Buchwald Estate†	John C. Matlon Estate†	Stuart S. Seim
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Lucille Damm Estate†	Barbara Mead†	Kristine Smyth
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Regina A. Dinhoff Estate†	Margaret F. Mulcare Estate†	Florence W. St. Claire Estate†
Mae LaVonne Ecklund Estate†	Joan E. Murray	Joseph and Pamela Strauss
Ada B. Eller Estate†	Karlis Neimanis Estate†	Charles E. Sullivan and Sandra West
Dorothy Marie Flynn Estate†	James and Cheryle Nesser	Eugenia R. Taylor
Thomas E. Gainor	Bernard J. Newinski	Mr. and Mrs. John D. Whalen
Loretta R. Gliniany†	Bruce Nolan	Alan Winters Estate†
Thomas F. Glodek	Mr. and Mrs. Richard Palen	Stanley Wruck Estate†
Geraldine Grajeda Estate†	Anthony J. Pantano Estate†	
Angeline F. Guminga Estate†	Mr. and Mrs. Ralph Clinton Peabody	† Deceased
Mable Halloran Estate†	Adam and Virginia Piecek Estate†	
Barbara Hedges Estate†	Leo E. Rainville Estate†	
Rev. John M. Hofstede		



*Please let us know if you have included Catholic Eldercare in your will.
We would like to thank you!*

The official legal bequest language for Catholic Eldercare Community Foundation is:

"I, [name], of [city, state, ZIP], give, devise and bequeath to Catholic Eldercare Community Foundation, 817 Main Street NE, Minneapolis, MN 55413, [written amount or percentage of the estate or description of property] for its unrestricted use and purpose."

For more information on planned giving options, please contact Director of Development Kristine Smyth at 612-362-2494 or visit www.catholiceldercare.org and click on Giving.

Leadership Update

We welcome two new members to the Catholic Eldercare Board of Directors.



Al Hofstede Jr.

A 2003 University of St. Thomas graduate, Mr. Hofstede is the Vice President of Sales and Consulting for Corporate Health Systems, Inc.



Mark Glodek

Mr. Glodek, a 1988 graduate of the College of St. Thomas, is the owner of Commercial Flooring Services.



Thank You!

Ruth Kildow

Catholic Eldercare thanks retiring board member Ruth Kildow for her long-time dedication and work on behalf of seniors. Ms. Kildow has served on the board since 1999.

OFFICERS

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Board Chair

Dan Johnson
President & CEO

Thomas M. Beck
Board Vice Chair

Stewart W. Laird
Board Treasurer

Michael J. Shasky
Chief Financial Officer

Board Secretary
Suzanne J. Snyder

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Fr. John Bauer

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Kari Dziedzic

Mark T. Glodek

Jean Wilson Greener

Albert J. Hofstede, Jr.

Anthony Hofstede

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Marcus Merz

Penelope A. Moyers, EdD

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Robert K. Spinner

Mark J. Stenglein

Lores Vlaminck, RN, MA

Beth A. Waterman

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President & CEO

Michael Shasky
Chief Financial Officer

Janet Carlson
Director of Housing

Kimberly King
*Administrator,
Catholic Eldercare on Main*

Kristine Smyth
*Director of Development
and Marketing*

The Catholic Eldercare Community

includes these residences and programs:

1101 On Main independent living

The newest residence in the Catholic Eldercare community has 52 one-bedroom and two-bedroom luxury rental units for independent adults. Located just one block from the main Catholic Eldercare campus, 1101 On Main addresses a growing need for affordable rental housing in Northeast Minneapolis. For more information, please call 612-378-8814 or visit www.1101onmain.com.



Catholic Eldercare by Day adult day center

This program offers care and programming for the senior who may require modest assistance when a spouse or other loved ones are unavailable to attend to their needs. Adult Day also serves as a respite for family caregivers who may find it increasingly challenging to care for an older adult all the time. The weekday program is affordable and flexible. Clients may be eligible for financial assistance. Transportation can be arranged. Located at 817 Main Street, NE in Minneapolis. 612-379-1370.



Short Term Stay rehabilitation services

Specialized, short-stay care helps you transition to the next phase of recovery or return to your home and an improved quality of life, following a hospitalization or change in health status. Short Stay Services is the ideal option for individuals recovering from a stroke, injury or surgery. 817 Main Street, NE in Minneapolis. 612-362-2444.



RiverVillage East assisted living and memory care

RiverVillage North subsidized living

This inviting 107-unit senior campus, located adjacent to St. Hedwig Church in Northeast Minneapolis, offers affordable market rate, assisted living apartments and memory care (East) and independent, subsidized units (North). Located at 2919 - 2921 Randolph Street, NE. 612-605-2500.



MainStreet Lodge assisted living

This assisted-living residence, located at 909 Main Street NE in Minneapolis, includes 51 comfortable apartments. The Lodge is adjacent to the nursing home and St. Anthony of Padua Chapel. 612-362-2450.



Catholic Eldercare on Main skilled nursing

A 150-bed skilled nursing residence, with dedicated memory care floor. Located at 817 Main Street NE in Minneapolis, the nursing home is physically connected to St. Anthony of Padua Chapel for ease of worship and socialization opportunities. 612-379-1370.



Upcoming Events

November 16

Pavia Wind Quintet at St. Anthony of Padua Chapel.

3 p.m.

December 1

Elder Enrichment Series

"Singing the Christmas Story With St. Luke"

Instructor: Carolyn Bliss

The birth of Jesus as told in St. Luke's gospel is surrounded in song. And people have been singing about this birth story ever since. A look at the songs of Luke, Chapters 1-2, and the hymns and carols that have grown out of our familiar words of Luke 2:1-14.

1:30 - 3:00 p.m.

Mainstreet Lodge

Free and open to the public. Call 612-362-2450 to register.

January 11

Classical Concert hosted by Thursday Musical at St. Anthony of Padua Chapel.

2 p.m.

*For the latest upcoming events, please visit
www.catholiceldercare.org.*

