The only thing that counts is faith expressing itself through love.

Galatians 5:6
Dear Friends:

We are pleased to share with you the 2014 annual report. Inside, you’ll learn more about the heart of our mission as we serve - with your support - our community’s older adults and their families.

We are doing important work. From the moment they first visit, seniors and their families are served with loving compassion. We understand their challenges and are ready to respond when their need is great.

Chaplains offer a listening ear, a reassuring hug, and prayer. We have gifted staff specialists who work with older adults with many diverse challenges and needs. Artists and musicians come and patiently teach residents to paint and play, to create and enjoy something new and fresh. Dedicated volunteers befriend and help in many ways.

From our broad community of friends like you, we humbly seek your gifts of time, talent and financial resources to support our mission.

Life is intrinsically precious, and together we provide older adults the support they need - in all its forms - so they feel valued and can lead meaningful lives.

We invite you to walk with us as we support, encourage, and enjoy these dear friends.

Let our thoughts, words, actions and deeds be continual blessings as we do this important work.

Sincerely,

William J. O’Brien
Chair, Board of Directors

Dan Johnson
President and Chief Executive Officer

P.S. If you have a FACEBOOK account, we encourage you to ‘Like’ Catholic Eldercare.

So much happens between the spring and fall newsletters, FACEBOOK is a great way to stay informed about the engaging activities and programs residents enjoy.
In This Issue

At Catholic Eldercare, residents and clients find meaning and purpose in daily life. Chief Executive Officer Dan Johnson shares his vision about Catholic Eldercare’s faithful approach to donor-supported senior care. P. 4

When Audrey moved to RiverVillage, life got better. Family care giving struggles melted away. Now, she and her family can better enjoy this special time. And her daughter, Mary, has caught the spirit and joined our volunteer team. Read their inspiring story on P. 6

The dedication has been scheduled for the major expansion which includes a Transitional Care Unit and an enhanced Adult Day program. Discover more about this exciting new project to serve the community. P. 8

You make a real difference in the lives of seniors by supporting Catholic Eldercare. Discover the many ways to support the Catholic Eldercare mission. P. 10

Save the Date!
The 13th annual Celebrate Lifelong Living Luncheon fundraising event will be held September 17, 2015 at the Earle Brown Heritage Center in Brooklyn Center.

Equal Opportunity Employer

Connections is a biannual publication of Catholic Eldercare, Inc., 817 Main St. NE, Minneapolis, MN 55413. The purpose of this publication is to provide useful information and resources to the Catholic Eldercare community. For more information on the publication or to request additional copies, suggest article ideas, or to be removed from the mailing list, contact Angela Ali at aali@catholiceldercare.org or call 612.362.2430.

If you no longer wish to receive Connections, you may call 612-362-2430 or email Angela Ali at aali@catholiceldercare.org. Doing so will not affect your ability to receive services from Catholic Eldercare. You may notify us at any time should you wish to resume receiving Connections.
Heart of the Matter:

Life with Meaning

A conversation with CEO Dan Johnson

What do I want? I want to age in a way that lets me be fully present each day, being engaged and contributing something of value to those around me in a way that's meaningful. Learning, doing, living in a place where I am known and belong. A safe home where I can mix with kind people. And I'd like to do this on my own, taking care of myself for as long as possible. I want to enjoy my children, grandchildren and great-grandchildren. I don't want to be ignored, treated as a child, tolerated or patronized.

I want to be a part of my family’s important events. I want to tell my stories to people who listen and laugh with me. On a summer day, I long to enjoy the warm sun on my face, the smell of cut grass, the sounds of life around me. I want to catch fish or enjoy a concert. And when life grows more challenging, I want friends and family to remind me that I am loved; that I matter to them and that my life made a difference to them. I want to know God and His grace and to know His nearness when I suffer. And, I want to honor Him with my life. And when my life ends, I want to sense God’s pleasure and to know that I will be welcomed Home.

Catholic Eldercare co-founder, Sister Ruth Roland, would often tenderly say, “Treat those who come to us as you would want to be treated.” The Golden Rule.

Connections: During the past 32 years, Catholic Eldercare has continually grown to provide a variety of housing options. That’s so important to have choices that fit lifestyles and needs.

Dan Johnson: People want a home that suits their needs. For many years, the residents lived in their long-time homes. But, in time, it becomes too much space to maintain, after the kids are gone. It can become a burden and a less satisfying place to live. The situation may keep you in and the world out. Isolation is not good for the spirit. So, we offer families some choices. It may be independent living with supportive services nearby, or assisted-living with some care services to help the senior maintain as much independence as possible. Or, perhaps, skilled nursing care for older adults that require a higher level of care. Whatever the needs, our goal is to ensure the older adult stays connected with the things they find of value and meaning. That should not change; we should not let it slip away. The daily lifestyle can still be maintained as one’s care needs change and grow. And as needs do change, the individual is part of a caring community that continues to help them without necessitating a move across town to a new place.
Connections: When people visit or check the Catholic Eldercare Facebook page, they see residents enjoying many meaningful activities, art classes, fishing trips, card games, bingo and musical performances. Why is Therapeutic Recreation, one of the donor-supported programs, so profoundly important in the programming mix?

Dan Johnson: Seniors tell us they long to be useful, they can sometimes feel sidelined. The place they once held in the community has drifted out of their reach in a way. But there are still opportunities to meet new people, try new things, share laughter and have something to look forward to. As long as we’re able to be active and try new things, we should have opportunities for that. When you’re involved in something interesting or new, you step away from the routine, and that’s refreshing and renewing, it recharges the psyche. There is value in trying new things, like the art classes for example. Seniors often discover a new dimension to themselves, a new creative gift, and that’s pleasing. Donors make that happen.

Connections: And similar thinking is brought to the adult day program, Catholic Eldercare by Day, right?

Dan Johnson: Catholic Eldercare By Day is for families who need help with an older loved one still at home. They cannot sustain the stimulation required to give their loved one a meaningful day. The unrelenting care giving can be exhausting for the family, and they need a respite, too. When their loved one comes to Adult Day, he or she enjoys fellowship with others, participates in interesting activities, they can get a meal and a shower, even rehabilitative therapy and medication setup, if needed. And when they go home, they’re renewed with a whole new set of experiences to share with their family. And, they look forward to coming back tomorrow. After completion of our new expansion and remodeling project in 2016, Adult Day will be dramatically more usable for the clients and staff.

Connections: Residents love having the chapel attached to the main campus. Pastoral care is important in finding meaning, especially at this stage of life.

Dan Johnson: Older adults are often facing big questions in life, there are things left undone or unspoken. Pastoral care can be helpful without being intrusive, as we help them find meaning and peace. We have dedicated chaplains who listen, encourage, and pray with them. The St. Anthony of Padua Chapel is a godsend and is symbolic of who we are. It speaks to the importance of our faith and the set of values we hold dear. Residents love the daily liturgy and music, and we bring in musical groups for residents and the community to enjoy. We’re grateful to be able to serve all generations, because a full life includes all generations.
Contented Living After Challenging Times

The year was 1923. Minnesotan Frank Mars introduced a new treat he called the Milky Way candy bar. Nationally, unemployment was stable at 2.4 percent and a postage stamp cost two cents. Minneapolis would soon face its worst smallpox outbreak, with 500 lives eventually lost.

But in a bustling Polish household at Adams and Broadway in Northeast Minneapolis, it was a joyful time - a newborn named Audrey was welcomed into the world.

Now 91, RiverVillage resident Audrey Grill reflects back on those days of early childhood, her memory still clear: “My mother died when I was five. She had a bad heart,” Audrey explains. “A lot of my relatives had bad hearts and died early, but I’m still here so maybe I don’t have a heart,” she exclaims, revealing a lively sense of humor.

“Having Mom at RiverVillage has freed us to be her children rather than her care givers, so now we just enjoy each other.”

Mary Harms

The young family persevered, with Audrey and her three older siblings helping with chores. Audrey attended Holy Cross school and later the St. Anthony of Padua Girls School, which would later become Catholic Eldercare’s first residence.

In time, Audrey married and raised seven children in Northeast. And, perhaps, with a nod to her own self-reliant childhood, “I taught them all to cook, clean and do laundry, too. They are all good kids.”

After her husband, Bob, died 25 years ago, Audrey found comfort with her children and grandkids. For awhile, she lived with a son, Mike, who had received a lifesaving liver transplant. “We figured I could take care of him and he could take care of me,” Audrey explains.

RiverVillage resident Audrey Grill enjoys a visit with her daughter, Mary Harms.
But, the care giving became too much of a struggle. A fall finally helped Audrey recognize she needed more supportive housing and care. “Neither of them could care for each other fully,” explains daughter Mary Harms. “We wanted to respect Mom’s wishes in the matter so we came to visit RiverVillage and it all happened very quickly.”

Audrey moved in during the summer of 2012 and quickly adapted thanks to her persevering spirit. She enjoys playing bingo and cards with friends, and especially likes the historical reenactors and musicians who regularly visit and perform. "I’m happy here. I don’t have to do dishes or clean. The food is great; I love the liver and onions," Audrey tells a visitor. "And you don’t need to fight the snow and sleet to get to church, so I have no excuse for not going," she adds with a smile. “I can’t imagine a better place to live.”

When Audrey, who has low vision, struggled to see when she got up during the night, she adapted by adding a bicycle light to her walker to illuminate the path. “It’s my headlight,” she says proudly.

Audrey’s comfort and happiness offer tremendous peace of mind to her children. “We feel so much better having her at RiverVillage,” Mary explains. “She’s in a safe place, well cared for. The staff are patient and caring. Having Mom here has freed us to be her children rather than her caregivers, so now we just enjoy each other.”

Mary fell in love with RiverVillage too. She became a volunteer and regularly calls bingo on Saturdays. “I just really enjoy this group of residents. It’s nice to be able to provide something they love to do.”
Spring Dedication Planned for Major Expansion

A June dedication is planned for construction of the 40,000 square foot addition which will include a 24-bed Transitional Care Unit (TCU) and rehabilitation therapies department, and a remodel of the Catholic Eldercare By Day wing. Construction will be completed during summer 2016.

Physical, occupational and speech therapies, will be available at the new TCU for both residents and outpatients at the Catholic Eldercare campus, 817 Main St. NE.

Enhanced Community Care
The new TCU - Northeast Minneapolis’ first - will be a significant addition to a competitive market, to better serve patients in Northeast and downtown. The facility will be distinct and separate from the nursing home, offering private rooms and a focus on returning patients to their home and regular lifestyle.

A stay in a TCU following a hospitalization is typically measured in weeks, as patients receive the rehabilitation they need to heal and recover their strength. Transitional Care enables patients to return home more confident, better able to self-manage and regain their independence.

Catholic Eldercare leadership worked closely with the city to bring the expansion project to Northeast. “We appreciate our Minneapolis City Hall partners. They understand the importance of a TCU close to home for those who live in this part of the city,” CEO Dan Johnson said.

The enhanced Catholic Eldercare By Day department will be better configured to accommodate growing demand for adult day services.
Catholic Eldercare By Day Expansion

The adult day department enhancements are a response to the growing need for week-day support for seniors still living independently, usually with family. The new unit, licensed for 39 clients, will be better configured to handle the various socialization and care activities clients enjoy. The adult day program is a popular care option for older adults who are isolated and struggling to live independently. Clients enjoy stimulating activities in a relaxing atmosphere where they are safe, engaged, well cared for, and able to receive therapy, medication management and other care as needed.

In addition, the adult day program is a great respite for stressed caregivers who need a break from the responsibilities of providing constant care for a loved one.

A Pastoral Setting

As part of the construction project, the spacious St. Anthony of Padua Church grounds will be beautifully landscaped to enhance the peaceful environment for prayer and reflection. The stone shrine of Our Lady of Perpetual Help, dedicated on September 8, 1947 as part of the church’s centennial celebration, will remain a focal point of the grounds. “Generations of parishioners and area residents have come to the shrine to pray and reflect, and that continues. We treasure this landmark,” said Johnson.

Additional Rehabilitative Care Options

Short stay rehabilitation care is available now at the Catholic Eldercare on Main nursing home. And a satellite clinic offering rehabilitation services for residents and outpatients is located at RiverVillage East (2919 Randolph Street, NE).
Make a Difference, Donate Online!
Visit www.catholiceldercare.org. It’s secure, quick and meaningful.

Generous Giving

Thank you! Your financial gifts support the engaging programs and activities residents enjoy. This generosity helps offset the funding gap between the true costs of care and the amount reimbursed by the government.

During the fiscal year of October 1, 2012 to September 30, 2013, individuals, businesses, and foundations donated approximately $270,000 in gifts, pledges, and deferred gifts.

Your Annual Fund Gifts:

- make possible a Pastoral Care Program that helps enrich the lives of seniors through worship, prayer, and the discovery of new creative gifts;
- ensure a strong Volunteer Program that brings neighbors and residents together in friendship and engaging activities;
- support the Adult Day Program which eases isolation and keeps seniors involved, active, and independent;
- support staff improvement and mentoring programs which enhance the relationship with the residents;
- and support the Subsidy Fund for seniors whose financial resources may be depleted while they are living at Catholic Eldercare.

Capital Fund:
- supports ongoing programs and future capital needs.
Honor a Loved One With a Tribute Gift

A **Tribute gift** is a great way to honor someone and support the Catholic Eldercare mission. Your gift lets everyone know that a loved one or friend has been an important part of your life.

**A Tribute gift can:**

- honor a parent or grandparent on Mother’s Day, Father’s Day or other holidays;
- commemorate a special occasion such as a birthday, wedding, anniversary, graduation, recital or other memorable moments;
- recognize the military service of a veteran;
- and, honor a beloved staff member or volunteer.

*For more information, visit www.catholiceldercare.org and click on DONATE*

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**Quick Click to Give**

By visiting www.catholiceldercare.org, you can quickly access comprehensive information on the various ways to support the mission.

1. **Go to www.catholiceldercare.org**
2. **Click on “Giving.”**
3. **Select from a comprehensive list of resources from online annual fund giving to planned giving options.**
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Catholic Eldercare acknowledges the generous individuals, corporations, foundations and associations for their charitable giving. These gifts were provided from October 1, 2014 through March 31, 2015. Every effort is made to ensure accuracy. If you see an error or omission, please contact the Office of Development at (612) 362-2430. For a comprehensive list of all 2013-2014 donors, please visit www.catholicelderCare.org.
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Donald and Lydia Zappa  
Antoinette M. Zwolski
Leave A Legacy - Give an Estate Gift

Through the Sister Ruth Roland Planned Giving Society, you support the spiritually-enriching pastoral care and other programs that bring meaning to each day. Your estate or inheritance gift ensures Catholic Eldercare residents enjoy dignified lives in a safe, loving home. Your generosity, in the form of a will bequest, living trust or gift annuity, is a wonderful final act of generosity.

For more information on planned giving options, please contact Director of Advancement Kristine Smyth at 612-362-2494 or visit www.catholiceldercare.org and click on Giving.

Ron Ackerman  
Ken Baltes and Dorothy Elion  
Alvina Bartylla  
Mary Virginia Betlach  
Elizabeth Bonnes Estate†  
Lidwina Buchwald Estate†  
Donald G. Campagne Estate†  
Marion Critelli Estate†  
Lucille Damm Estate†  
Bernice C. Decowski Estate†  
Regina A Dinhoff Estate†  
Mae LaVonne Ecklund Estate†  
Ada B. Eller Estate†  
Dorothy Marie Flynn Estate†  
Thomas E. Gainor  
Loretta R. Gliniany†  
Thomas F. Glodek  
Geraldine Grajeda Estate†  
Angeline F. Guminga Estate†  
Mable Halloran Estate†  
Barbara Hedges Estate†  
Rev. John M. Hofstede  
Mary D. Hungate†  
James E. Indrehus  
Doug J. Kohlan  
Margaret T. Manley Estate†  
Antonio Martinez Estate†  
John C. Matlon Estate†  
Susan McGuire  
Thomas McGuire  
Barbara Mead†  
Agnes Mohr Estate†  
Margaret F. Mulcare Estate†  
Joan E. Murray  
Karlis Neimanis Estate†  
James and Cheryl Nesser  
Bernard J. Newinski  
Bruce Nolan  
Mr. and Mrs. Richard Palen  
Anthony J. Pantano Estate†  
Mr. and Mrs. Ralph Clinton  
Peabody  
Adam and Virginia Pieck Estate†  
Leo E. Rainville Estate†  
Wallace Rainville Estate†  
Elizabeth A. Rouleau  
Margaretha F. Santha†  
Mary J. Schubert  
Margaret J. Schweizer Estate†  
Stuart Seim  
Luella L. Simon  
Dolores E. Sisson Estate†  
Kristine Smyth  
Jack Spillane, Jr.  
Florence W. St. Claire Estate†  
Joseph and Pamela Strauss  
Charles E. Sullivan and Sandra West  
Eugenia R. Taylor  
Mr. and Mrs. John D. Whalen  
Alan Winters Estate†  
Stanley Wruck Estate†  
† Deceased

Please let us know if you have included Catholic Eldercare in your will. We would like to thank you!

The official legal bequest language for Catholic Eldercare Community Foundation is:

“I, [name], of [city, state, ZIP], give, devise and bequeath to Catholic Eldercare Community Foundation, 817 Main Street NE, Minneapolis, MN 55413, [written amount or percentage of the estate or description of property] for its unrestricted use and purpose.”

For more information on planned giving options, please contact Director of Advancement Kristine Smyth at 612-362-2494 or visit www.catholiceldercare.org and click on Giving.
Consolidated Balance Sheet:

**Assets**
- Current Assets $4,102,132
- Property and Equipment, net $24,981,203
- Other Assets $6,737,954
- **Total Assets** $35,821,289

**Liabilities and Net Assets**
- Current Liabilities $3,065,839
- Long Term Liabilities 16,486,744
- Net Assets 16,268,706
- **Total Liabilities and Net Assets** $35,821,289

Statement of Activities and Changes in Net Assets:

**Revenues and Other Support**
- Nursing Home $11,771,655
- Assisted Living and Home Care $5,076,653
- Housing $1,048,012
- Adult Day Care $354,349
- Contributions $294,301
- Other Support and Investment Income $561,336
- **Total Revenues and Other Support** $19,106,306

**Expenses**
- Program Services $16,644,551
- Management and General $1,718,352
- Fundraising $255,243
- **Total Operating Expenses** $18,618,146

Excess (deficiency) of revenues over expenses $488,160
Change in net unrealized gains on investments $55,296
Change in Net Assets $543,456
In Memoriam

Father Charles L. Froehle, longtime Catholic Eldercare board member (since 2003) and a former board chair (2006-2008), died January 6, 2015. He faithfully served the community for more than half a century, most recently at Our Lady of Lourdes Church in Minneapolis from 2001 to 2012.

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Chair
Dan Johnson
President & CEO
Thomas M. Beck
Vice Chair
Stewart W. Laird
Treasurer
Michael J. Shasky
Chief Financial Officer
Suzanne J. Snyder
Secretary

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Rev. John Bauer
Richard Brustad
Kari Dziedzic
Mark Glodek
Jean Wilson Greener
Al Hofstede, Jr.
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Rev. Glen Jenson
Marcus Merz
Penelope A. Moyers
James Murzyn
Robert K. Spinner
Mark Stenglein
Lores Vlaminck
Beth Waterman

ADMINISTRATION
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President & CEO
Michael Shasky
Chief Financial Officer
Janet Carlson
Director of Housing
Kimberly King
Administrator, Catholic Eldercare on Main
Kristine Smyth
Director of Advancement

DIRECTORS EMERITI
William L. Hedrick
Carolyn Olson
Sr. Ruth Roland*
Ralph Strangis
Joseph D. Strauss
*Deceased
Thank You!

Catholic Eldercare’s dedicated volunteers make a meaningful difference in the lives of the residents. During 2014, they volunteered more than 18,000 hours, befriending and assisting residents in many ways.

Betty Ackerman
Ronald Ackerman
Jean Askwith
Saige Baker-Lietz
Barbara Balfe
Ken Baltes
Rev. John Bauer
Joyce Beaudry
Thomas Beck
Margaret Beck
Dolores Bertram
Judy Besch
Breanna Besel
Lisa Bissen
Sharon Bittick
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Virginia Braun
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Joan Brost
Thomas Bruening
Richard Brustad
Kevin Brutcher
Ann Buszta
Jean Byland
Elizabeth Cambi
James Carland
Jeanne Carlson
Joseph Cavalieri
Jan Chlebeck
Thomas Chlebeck
Patricia Connors
Jeff Conrad
Andrea Cottrell
Elizabeth Criswell
Dianne Cummings
Jonathan Dane
Carolyn DeLisle
Nancy Dickinson
Betty Dickinson
Bonnie Donohue
Judith Doze
Ann Dunn-Foley
Thomas Dvorak
Kari Dziedzic
Sally Edlund
Amylyn Eggers
Daylanne English
Jennifer Ennen
Pamela Etienne-Planche
Jerry Evans
Carol Ferguson
John Fischer
Robert Fjerstad
Thomas Foley
Carol Forby
Daniel Forby
Kenneth Fuchs
Sue Garski
Marilyn Gates
Laura Glass
Mark Glodek
Irene Ghonsior
Shirley Graczyk
Jean Greener
Steven Grothjan
Janet Grothjan
Robin Haenze
Katherine Haik
Sally Haik
Marian Hancharek
Karen Hanson
Robert Hanten
Don Harding
Mary Harms
Joanne Hart
Ellen Hawley
Jean Heath
Juanita Herrera
Arlyne Higgins
Gege Hodgson
Albert Hofstede, Jr.
Anthony Hofstede
Phyllis Hupp
Julianne Hyatt
RoseAnne Jacobs
Phillip Jares
Rev. Glen Jenson
Barbara Johnson
Dianne Kaselnak
James Kellen
Patricia Kelly
Ruth Kildow
Joyce Knotson
Lindsey Kobow
Karen Kohl
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Mary Gwendolin Koniar
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Marjorie Kozachok
Annika Kozachok
Kati Kreiser
Joe Kromah
Peter Krozer
Stuart Laird
Sheila Lange
Loretta Larkey
Deanna Levenhagen
Alice Lincoln
Lucille Lins
Jeanne Lins
Lions Club of NE
Diane Lucas
Theresa Lund
Jessica Lundahl
Eric Lunde
Nancy Lundgren
Joy Manning
Madonna Marchiniak
Judy Marcouiller
Jude Marget
Louis Marino
Marie Marino
James Marino
Jared Matzka
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Michael McGrane
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Michael O’Donnell
Joann Olsen
Peter Olson
Pauline Olson
Sean O’Mara
Andrew Pappas
Lisa Pattee
Carol Pawlicki
Gerald Pearo
William Pilacinski
Marilyn Presseller
Gary Quam
Bonnie Quimby
Kathleen Ratican
Anne Reuter
Donald Richter
David Robinson
Phyllis Robinson
Sharon Roseth
Lisa Sarvie
Olivia Sarvie
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Lois Schardin
Jeanine Schmidt
Fabian Seitz
Charles Selcer
Mary Sherman
Samantha Siemsen
Cleo Simonett
Marsha Simon-Holt
Suzanne Sposelius
Gordon Skinner
Lois Skinner
Suzanne Snyder
Jack Spillane
Robert Spinner
Kara Stave
Marlene Steichen
Mark Stenglein
John Stiepel
Margaret Swanson
Jerome Sypnieski
Jackie Sypnieski
Victoria Szlag
Victoria Thai
Michael Thielen
Mary Thorpe-Mease
Joe Tombers
Laurel Trumbo
Jean Turgeon
Linnea Tweed
Beverly Urista
Nancy Utoft
Marge Vajda
Lores Vlaminck
Jonathan Voltz
Marcie Walters
Eleanor Warpeha
Beth Waterman
Jerome Weller
Sandra Westberg
Denise Westberg
Ann Williams
John Wlazlo
Richard Wright
Regina Zandlo
Upcoming Events

May 13
Behavioral Expressions & Dementia Seminar
(Dinner included)
RSVP to Robin Haenze 612-605-2515
RiverVillage East
5 p.m. - 7 p.m.

September 17
Celebrate Lifelong Living Luncheon
Earle Brown Heritage Center, Brooklyn Center
Noon - 1 p.m.

For the latest upcoming events, please visit www.catholiceldercare.org.