

CATHOLIC ELDERCARE by DAY

Support and relief for you. Dignity and purpose for them.

Catholic Eldercare by Day is a unique adult day program that uses a whole-person approach to help family caregivers give their loved ones—and themselves—the socially engaging, spiritually enriching life we all deserve.

Our daily programs feature:

PHYSICAL ACTIVITY

Exercise to improve strength, balance and mobility

COGNITIVE STIMULATION

Fine arts, music and educational opportunities to spark memory and creativity

SOCIAL ENGAGEMENT

Programming to strengthen and build relationships



Want to learn more?

Schedule a visit today.

612-362-2405

catholiceldercare.org


Catholic | Eldercare

817 Main Street NE, Minneapolis, MN 55413 | Open Mon - Fri, 7am - 5pm